

Match Operations Protocol Guidelines

of

UAE Football Association

&

UAE Pro League

Under COVID-19 Pandemic



رابطة المحترفين الإماراتية
UAE PRO LEAGUE



اتحاد الإمارات العربية المتحدة لكرة القدم
UAE Football Association





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Part One- Match Operations

1- Objectives

This protocol is a set of guidelines and recommended measures to be observed and implemented by match officials. It aims to reduce the risk of the spread of Covid-19 pandemic among all stakeholders when participating in competitions organized by UAE Football Association (UAEFA) and UAE Pro League (UAE PL) and during friendly matches. It also designed to establish recommended guidelines for clubs in accordance with the general principles for reopening service facilities (attached).

2- General Principles

- The UAEFA and UAE PL require the full adherence with all the precautionary and preventive measures by all individuals available in match venues, additional to the following measures:
 - Everyone should wear medical or triple-layer fabric face masks (all persons available on the pitch, including coaches and substitutes). Excluding participant players and referees.
 - The coach could remove the mask if he is at least 2 meters away from the players.
 - Temperature check for those available in the stadium, for example, but not limited to, stadium staff, match officials, both teams, media representatives, broadcasters, fans ... etc.) Whoever's temperature is 37.5 or higher will be directed to the isolation room and will be re-checked after the elapse of 15 minutes. If temperature remains 37.5 or higher, he will be required to go to hospital.
 - All participants are obliged to disclose should they have symptoms of Coronavirus (throat ache, fever, difficulty or shortness of breath, cough, headache, vomiting and nausea, diarrhea, loss of sense of taste or smell, body and muscle aches, fatigue, congestion and runny nose).
 - Implementation of different entry gates and different paths to the dressing rooms are recommended (e.g. Team A and Team B enter the stadium from different gates).
 - Specify the scope of movement within the stadium before, during and after match.
 - Continuous cleaning and sanitization of the entire stadium and surroundings (especially the official areas and media facilities)



- Maintain adequate space between the bench seats (two meters) and use spectators seats located behind the bench seats for substitute players, coaching teams, and administrative staff.
- VAR referees must always wear a medical or three-layer fabric mask.
- Providing sanitizers in all the stadium facilities.
- The Club shall be held liable for implementing the provisions of this protocol.



Part Two- Match Operations Protocol

3- Overview

To minimize the risk of COVID-19 transmission, the AFC recommends the new Match Operations Protocol as explained in this document, to be applied in all AFC Competition matches until further notice.

The points stated in this document are purely operational in nature. Whenever applicable and in the case of contradiction, medical requirements set by the relevant authorities shall prevail over this protocol.

This protocol covers all scenarios of organizing the official and friendly matches:

- The development will be always considered and the directives of the concerned authorities on the return of spectators shall be adopted. Only scenario 1 would be implemented for the time being based on the competent authorities' recommendation.
- **Scenario 1:** Match without spectators (closed match)
- **Scenario 2:** Match with limited number spectators (restricted match)
- **Scenario 3:** Match with full number of spectators (normal match)
- **Matches also may not be held if risk is high as per the directives of the competent authorities.**

The following precautions should be applied in the stadium on matchday:

- **Zoning:** Stadium to be divided into Four Zones to avoid overcrowding and allow for social distancing to be practiced.
- **Personnel Distribution:** Attendance and presence of stadium/ club personnel along with their locations and to provide the relevant plans to UAEFA and UAE PL Executive Management for further approval.

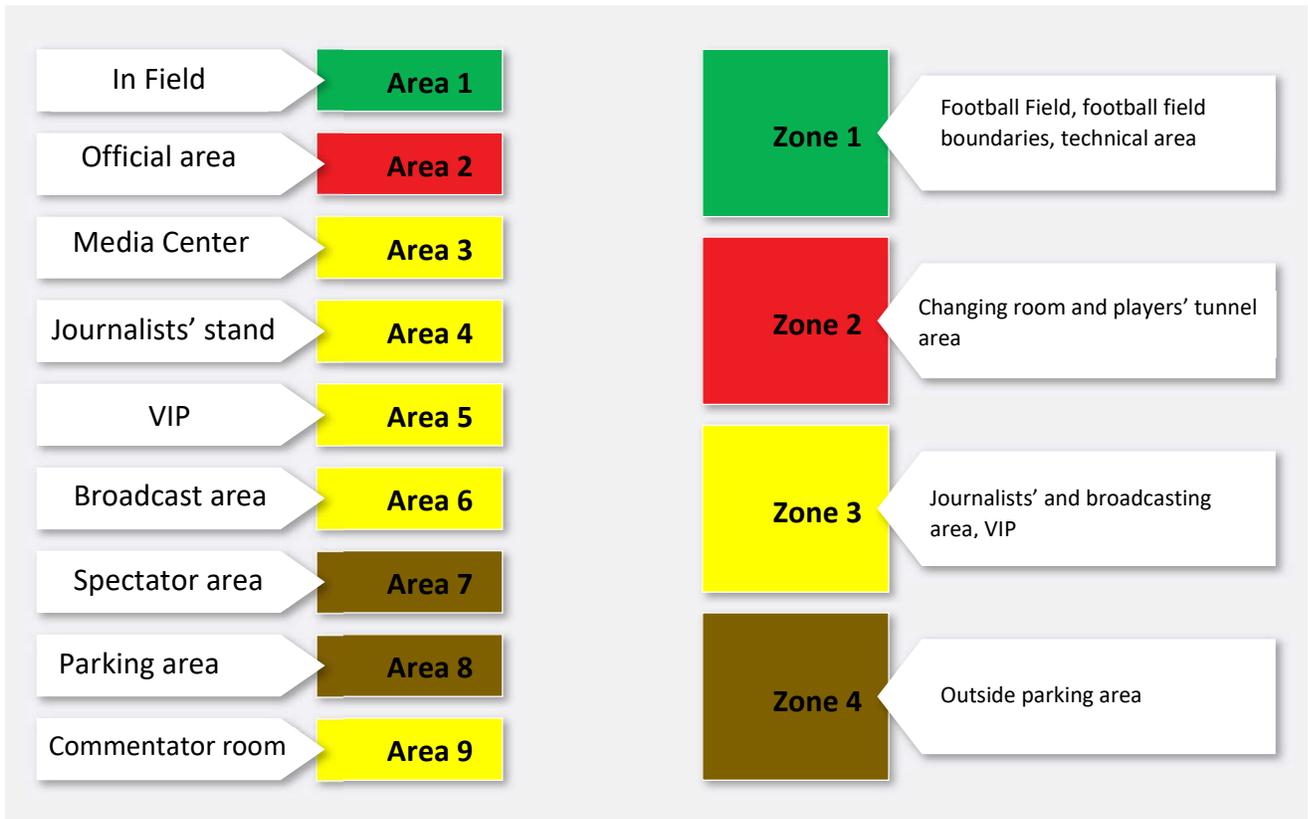
4- Stadium Zoning

- The stadium is to be divided into four zones:
 - Zone 1: Field of Play
 - Zone 2: Official Area
 - Zone 3: Stands (including spectators' stands, main stand, media tribune and other areas specified by the UAEFA and UAE PL)
 - Zone 4: All other areas
- Host Club shall allow minimum number of people in each zone.



- Number of people is subject to the stadium configuration and at the discretion of the host Club or the UAEFA and UAE PL. The number of persons available for the match should be submitted by the Club to the UAEFA and PLC.
- Preparation and setup for matchday must be completed prior team arrival as per the match official countdown.

In comparison to standard 9 Zones allocation, it should be implemented as follow:





Recommended Personnel Distribution in Zone 1

Group	Team Arrival	Kick-off	Full Time	Team Depart
Players	0	22	22	0
Substitutes & officials	0	38	38	0
LOC Staff	5	1	1	3
Referees & VAR technicians	0	5	5	0
Ball kids	0	4	0	0
HB	15	15	15	20
Medical/Doping	0	0	2	0
PHO	0	10	10	0
Stretcher bearers	0	8	8	0
Hygiene personnel	0	3	3	0
Grounds men/Service Crew	8	0	0	8
Security	6	6	6	6
Electronic screens crew	2	2	2	2
3D carpets	0	1	1	1
Mid-field circle garment	0	8	0	0

Recommended Personnel Distribution in Zone 2

Group	Team Arrival	Kick-off	Full Time	Team Depart
Players	22	0	4	4
Substitutes & officials	28	0	2	2
LOC Staff	2	2	0	0
Referees	5	0	5	0
Ball kids	4	0	4	0
HB	3	0	0	0
Medical/Doping	2	2	0	2
PHO	0	0	0	0
Stretcher bearers	0	0	0	0
Hygiene personnel	0	0	0	0
Grounds men/Service Crew	0	0	0	0
Security	4	4	4	4



Recommended Personnel Distribution in Zone 3

Group	Team Arrival	Kick-off	Full Time	Team Depart
Security	5	5	5	5
Stretcher bearers	0	0	0	0
Police	6	6	6	0
Stadium operators	5	5	5	5
LOC staff	4	4	4	0
UAEFA/ UAE PL staff	4	4	4	4
Team guests	12	12	12	0
HB	26	19	19	16
Medical/Doping	2	2	0	0
Media (Journalists)	10	10	10	10
Video analysts	2	2	2	2
Hygiene personnel	5	5	5	8

Recommended Personnel Distribution in Zone 4

Group	Team Arrival	Kick-off	Full Time	Team Depart
Security	9	9	9	9
HB	50	50	50	50

The numbers are to be adjusted depending on the stadium's capacity. It should be discussed and agreed with the Executive Management of the UAEFA and UAE PL three days ahead of the match day.

6- Disinfecting the Stadium

- Stadium disinfection to be conducted by the municipality or a certified company registered in accordance with the UAE laws in place. A certificate proving so should be issued as per the general principles (attached). Also, the municipalities disinfecting procedures should be adopted along with the necessary procedures of disinfecting. The Club should submit the disinfecting certificates issued by the company or the municipality to the UAEFA and UAE PL.



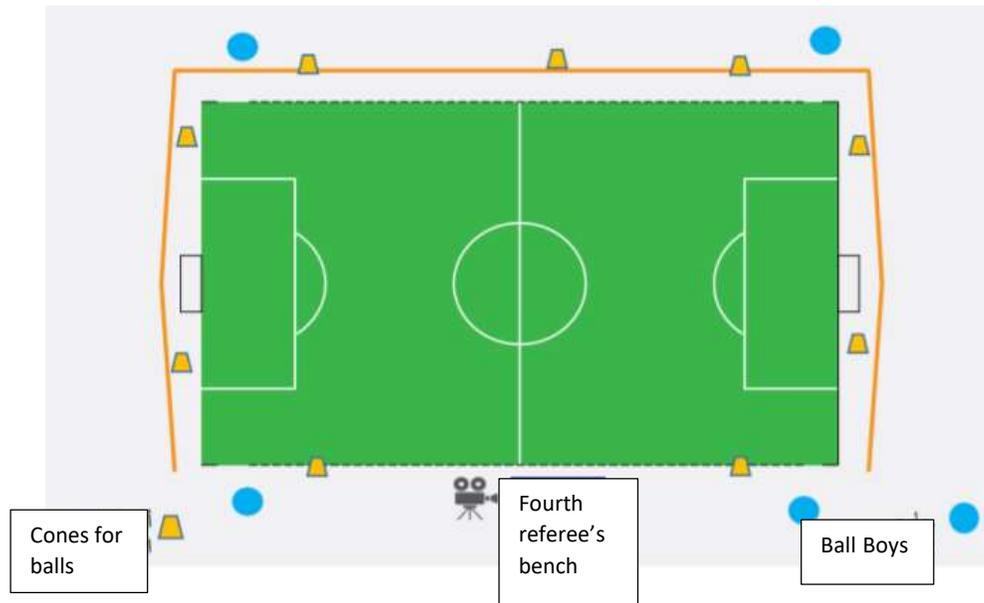
- The disinfection may take place early in the morning before the arrival of the Club's staff and coaches by the certified institutions, the government entities, or the certified private companies in coordination with the municipalities to train their staff and ensure implementing the approved standards.
- The disinfection must take place early in the morning of the matchday.
- The disinfection must take place early in the morning before the arrival of the stadium staff.
- It is the responsibility of the host Club to coordinate this procedure with local authorities.
- All costs related to disinfecting shall be borne by the host Club.
- Dressing rooms shall be closed at the end of the disinfection.

7- Pitch Watering

- The timing and order of the watering of the pitch shall be in accordance with the regulations of the UAEFA and UAE PL competitions.

8- Ball Boys

- Total of 4 persons are recommended (as an exception to the Youth Program Regulations, the age of ball boys shall not be less than 16 years old).
- The approval of the Ball boys Parent should be obtained.
- Ensure that they have no symptoms and measure their temperature before kickoff of the match.
- Ball boys shall wear masks at all times while they are in the football field.
- Ball boys shall be trained to cover the area allocated for them. They shall stand in the assigned locations to return balls in the designated areas (See the below graph).
- The host club shall provide (9) one-color cones to place the balls over them. These cones shall be placed in front of the electronic screens and specified locations outside the football field.
- Ball boys should be provided with hand sanitizer after touching the ball each time. Social distancing must always be maintained.
- Disposable gloves must be used while in the playing area.



9- Centre-Line Camera Positioning

- Centre-line Camera shall be positioned in usual location.
- Match Commissioner shall have a final say in case of dispute and/or other issues raised, taking into consideration space and layout of the field.

10- Warming Up

- To be arranged behind each goal (Option 1 below).
- If space behind the goal does not permit – Option 2 shall be applied and warm up shall be arranged next to each team bench (on the left side of Team A bench for team A, on the right side of Team B bench for team B).





11- Team Arrival

- Each team shall abide by the guidelines regarding the transportation and buses provided by the competent authorities and use two buses (or alternative transport) to ensure adequate physical distancing between players and supporting staff inside the vehicles.
- The presence of the players in different areas of the match field is restricted to the match participant players, with a maximum number of (23) players. Players not included in the team's lineup shall not be allowed to be present and players are not allowed to come on their private vehicles.
- Bus shall be disinfected prior to use and after the team vacates the bus at the stadium.
- Everyone must wear a medical or three-layer mask while in the bus.
- Separate time and space shall be arranged for the team arrivals into the stadium (10 minutes gap, minimum).
- Check the temperature of all those available in the stadium, for example, but not limited to, stadium staff, match officials, the two teams, media representatives, broadcasters, television broadcasters, fans ... etc.) while not allowing any person whose temperature is 37.5 or higher to enter and to refer him/ her to the isolation room. He/she shall be re-checked again after the elapse of 15 minutes of isolation. If temperature is still 37.5 or higher, he shall not be allowed to enter the stadium and shall be required to go to hospital.
- - All participants shall disclose should they have symptoms of Coronavirus (throat ache, fever, difficulty or shortness of breath, cough, headache, vomiting and nausea, diarrhea, loss of sense of taste or smell, body and muscle aches, fatigue, congestion and runny nose).
- Implementation of different entry gates and different paths to the dressing rooms are recommended as much as possible (e.g. Team A and Team B enter the stadium from different gates).
- Coach on arrival interview will be conducted by HB while ensuring adequate physical distance as well as using dedicated microphone on stand for the coach.
- It should be noted that once teams arrive at the stadium, nobody can come in and nobody can leave from Zone 1 and 2. This is a recommended measure to have the same people in these areas until the end of the match with aims of having better control.



12- Dressing Room

- Any adjacent room space available shall be used as additional dressing room for teams to gain more space and allow social distancing.
- If used, these additional rooms must also be disinfected.
- Everyone, including players, must wear masks (medical or three-layer mask) while they are in the dressing room.
- Time spent in dressing rooms must be reduced to the minimum (from 30 to 40 minutes).

13- Team Check by MC and 4th Official

- Team check by MC and 4th Official shall not be conducted in the dressing rooms.
- It shall be conducted in the team technical area once players come out for pre-match warm-up (before start of the warm-up).

14- Field of Play

- Area between field of play and VIP tribune shall be clear of any people, except the following personnel:
 - Team Delegation
 - 4th Official
 - Camera Position
 - Stretchers
 - Ball boys
- TV activities inside the Field of Play Area shall be minimized.

15- Match Officials

- A secure distance of a minimum of 2 meters should be maintained when communicating with players.
- The following persons must always wear masks.
 - MC
 - RA/ 4th Official
 - LMO
 - Entry Control Officer.



16- Pre-match Warm-up

- Abide by the warm-up timings.
- Teams shall use different entries for warm-up if stadium structure allows. MC to discuss with host MA/Club and make the final decision on this matter.

17- Final Check by Referee Before March-in

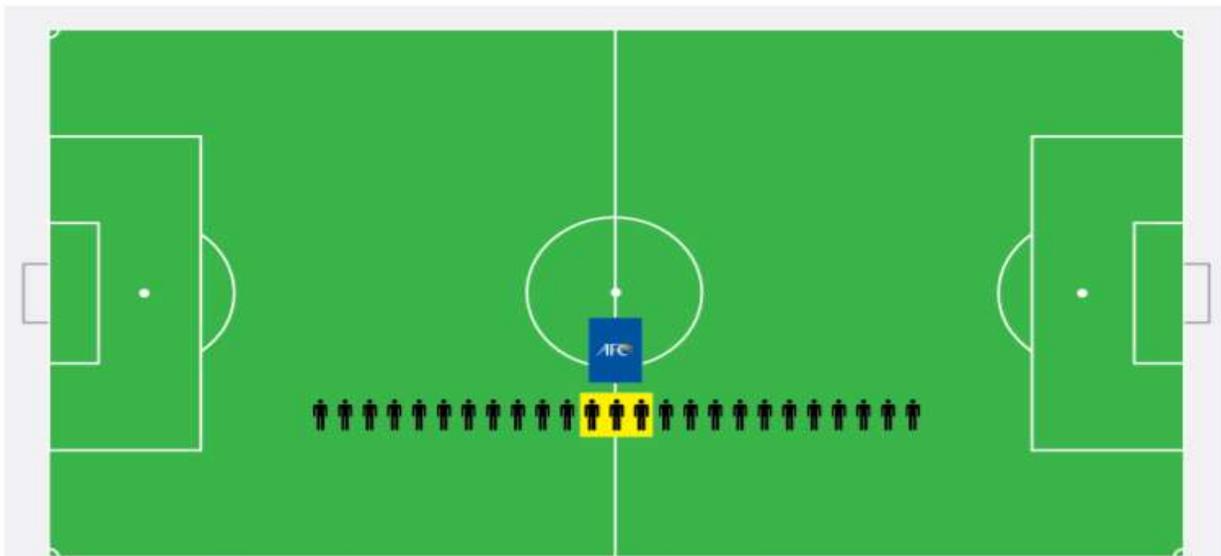
- Final check of players shall be conducted by referees (they shall wear their medical or the three-layer fabric masks) at each dressing room door when players are coming out from the rooms (not in the gathering area inside the tunnel).

18- Team Entry

- No player escort kids.
- Ensure social distancing and the same walk-in procedure to be maintained. Stickers and guiding signs shall be placed on walls and floor in the corridors to ensure implementing social distancing.
- The protocols for both teams' entry to the pitch remain the same in case the width of the players tunnel is not less than 2 meters. If the tunnel's width is less than 2 meters, the players entry protocols shall be as follow:
 - Referees entry
 - Host team entry once the referees arrive at the lineup area.
 - The guest team enters after the referees arrive.
- No promotional events shall be held prior to the start of the match. A virtual promotional event may be held.
- No handshakes between the teams.
- No unified team line-up for photo – only separate photos by each team.



19- Teams' Final Position



The chants continue playing until the two teams sit in their places.

Players stay standing in their position; so as the hosting broadcasting entity will be able to take the players' shot.

The TV broadcasting team members, of the hosting broadcasting entity, are allowed to move around the players on condition that they keep at least 1m safe distance.



20- Half Time Interval

- Separate access to dressing rooms shall be arranged depending on venue facilities.
- Hand sanitizer to be provided in the tunnel for use.
- Avoid communication with others.
- Avoid team scrum (gathering in a circle) before kickoff.

21- After the Match

- No post-match handshake.
- Inhibiting players from exchanging jerseys with other players.
 - Players are encouraged to leave the field without any physical contact.
 - Referees to remain in the center circle until players have left the field.
- Media activities
 - Only host broadcasting cameras are allowed to be available for brief-flash interviews after the match, with the commitment reporters from the channels with exclusive rights to be next to their cameras away from the players and in front of the approved background. Interviews shall be limited to long distance microphones or those with a fixed base placed next to the players.
 - Only exclusive rights channels are allowed to be available in the mixed zone.
 - Press conferences will be conducted only in the press conference room with seating restrictions.
 - Minimize interviews in the mixed zone while following strict hygiene measures.
- Operations
 - Depending on facilities, a second anti-doping room shall be used as space separation to allow distance between the players of each team and any changes on the anti-doping procedures must be in full alignment with the existing regulations.



- Team departure to team buses shall follow the same order as to team arrival.
- Length of stay in the dressing room after the match shall be minimized.

22- Cooling

- No cooling after the match.
- Teams are recommended to leave stadium and minimize the length of stay after the match.

23- Dressing Room Visit After the Match

- Dressing room visits by team guests is prohibited after the match.

24- Recommendations to Teams

- Team members, except the head coach, must always wear masks except those players in the FOP during training, warm up.
- During the match, masks (medical or three-layer fabric masks) may display identifications of the Club but shall not have any sponsor trademark.
- Substitute players to wear masks (medical or three-layer fabric masks) at all times and while sitting at team bench during the match.
- Avoid physical contact (handshake).
- Avoid spitting.
- Avoid sharing personal belongings.
- Use personal water bottles.
- Avoid exchange of jerseys.
- It will be compulsory for those involved to wear face covering during press conference and at any media interviews.
- Avoid close contact during any goal celebration which might lead to virus spread in case of the availability of an infected person.



Part Three- HOSTING MATCHES

25- Requirements for Host Team

- The Host team shall assign a person in charge of the matters related to COVID-19 (notifying UAEFA and UAE PL with his name and contact details) and establish the network of emergency contacts with the competent authority in each emirate.
- It shall be compulsory for all operational staff at the stadium to wear masks (medical or three-layer fabric masks) and gloves. Masks may display identifications of the Club but shall not have any sponsor trademark.
- Disinfect the stadium in the morning of the matchday.
- Disinfect and provide hand sanitizers around essential facilities (toilet, convenience store, ticket booth, etc.) every hour after the opening of gate.
- Educate sanitary workers on COVID-19 related measures.
- Inspect ventilation system before and after the match.

26- General Recommendations

- Put signage at the dressing rooms regarding COVID-19 recommendations.
 - Avoid contact and sharing of belongings with the team members, particularly personal belongings or water bottles ... etc.
 - Practice respiratory etiquette
 - No spitting.
 - Wash hands for 20 seconds at minimum after contacting surfaces.
- Minimize close contact at all stages.
 - Minimum contact upon arrival to the stadium
 - Physical distancing during entry
 - Meticulous hand hygiene
 - Enhance hygiene and cleaning procedures
- Medical or three-layer fabric Masks
- It is mandatory to wear medical or three-layer fabric masks for everyone except those participant players and match officials in the field during the match, and warm up.



27- Stadium Workers

- It is recommended that the number of staff at the stadium (or the training facility) are kept to a minimum, especially two days before the matchday.
- Off-pitch staff members shall be limited to (if possible):
 - Auxiliary staff
 - Facility staff (cleaners, cooks, laundry staff, etc.)
- On-pitch staff members
 - Players
 - Coaching staff
 - Medical and physiotherapy staff
- It is recommended that all stadiums shall follow the advice issued by the health authorities and go through a thorough cleaning and disinfection procedures prior to the arrival of any employees.
- In addition, it is recommended that hands are frequently washed using soap or sanitized.

28- Dressing Room Area

- As a potential transmission risk area, the presence of any staff member in the dressing room should be limited as much as possible. They shall leave the dressing room immediately after the completion of their work, considering (the physical distancing of two meters between the players, and the number persons available in the room should be calculated based on its space).
- Off-pitch staff are not allowed to use the dressing room.
- It is recommended to use any adjacent room space as additional dressing room for teams to allow more space between each other.
- Dressing rooms should be disinfected on matchday prior to team arrival and locked with a label of “clean area”.
- “Clean area” label should only be opened on matchday by the team delegation.

29- Referees' Room

- Referees' rooms should be disinfected on matchday prior to their arrival and sealed with a label of “clean area”.
- Disposable masks, hand sanitizer and alcohol wipes should be obtainable in the referees' room.



30- Disinfecting the VAR Vehicle

- Disinfection of the VAR vehicle shall be carried out on the matchday.
- Sanitizers, masks and disposable gloves shall be provided in the VAR vehicle.
- Staff should wear a mask and use disposable gloves during installation.
- Masks and gloves should not be reused.
- Everyone inside the VAR vehicle should always wear masks (medical or three-layer cloth masks) and disposable gloves.
- Ventilation and re-disinfection of equipment (including headsets) shall be carried out during half-time.
- Full ventilation and re-disinfection of VAR vehicle after the match is necessary.

31- Medical and Physiotherapy Area

- The recommended instructions for the operational management of the medical and physiotherapy area inside the dressing room are:
 - During all phases, all treatment sessions should only consist of one physiotherapist and one player in a treatment area at any given time.
 - The physiotherapist should always wear a mask (medical or three-layer fabric masks), and if possible, wear gloves.
 - Any disposable equipment should be thrown away after each player is treated.
 - Extra attention should be paid to the cleanliness of this area and it must be cleaned frequently.
 - The use of manual therapy should be kept to a minimum and must be limited solely to injured players.

32- Medical and Physiotherapy Treatment

- The Same Specialist/ Physician is recommended to work with the same group of players.



33- On-pitch Training Equipment

- Training equipment (Cones, ladders, mannequins, balls...etc.) are recommended to be stored outside and must be sanitized before and after training.
- The same stadium work staff is recommended to be responsible for moving the equipment from the storing room to the football field/ training field, as well as sanitizing the equipment, particularly the movable goals.
- - During training, staff are recommended to not exchange personal training equipment, and must sanitize all training equipment after each use.
- Likewise, everyone must have personal water bottles with a distinguishable mark and must be soap-washed after each training or match.

34- Toilets must be sanitized after each use.

35- Establishing an isolation room to isolate suspected cases until contacting Health Authorities.

36- Prayer rooms are allowed to remain open provided that they are prepared in accordance with the precautionary measures. Coordination must be made with the General Authority of Islamic Affairs and Endowment, to check the procedures and give its approval.



Part Four- Participation

- 37- Requirements of participating in the matchday for both teams (All players and the coaching and management teams) and employees:
- 38- Conducting PCR tests for all players in zones 1 & 2 (Players; coaching, medical and management team; employees, organizers, referees...etc.) during 3 days at maximum before match kickoff, SMS or screenshot from *Hosn App* showing the test result is not accounted; since the only accredited test is the one issued and sealed from the hospital or the Lab or the reports issued by governmental applications related to this issue.
- 39- Other tests (conducted via blood or laser) are not counted as alternatives for the PCR test.
- 40- Everyone in zones 3 & 4 must have a PCR-DPI test with a maximum validity of one week from the day of the match.
- 41- Timing is counted from the examination-not the result- date.
- 42- Clubs are obligated to upload the results of Covid-19 virus examination to the electronic system prepared (FA-Net) for this no later than 12:00 pm on match day.
- 43- The emergence of any positive case for the players does not result in postponing the matches as long as the club can complete the match list consisting of 20 players, including a goalkeeper, and this includes contacts, provided that their result is negative and according to the contact examination program.
 - The team that does not complete the match list (20 players, including a goalkeeper) loses the match and the match is not postponed, with the exception of the preliminary qualifying matches for the President's Cup for first-division clubs, the first-division league competition and the second-division league competition, where the team that does not complete the match list that has a minimum of (14 players), including a goalkeeper will be considered lost the match and the match isn't postponed.
 - The match list mentioned in the protocol: It is the minimum number of players who have negative test results for Covid-19 virus, and the club has the right



to choose from them the starting list for the match according to the relevant competition regulations.

- 44- The contact official in coordination with the team physician must immediately inform the Preventive Medicine Department/proper health authorities of the positive cases in the Emirate to which the club belongs. The situation, however, is left for the team physician to decide the player's need to treatment.
- The contact officer in coordination with the head team physician must ensure that all test results, symptoms, relevant reports/ relevant test results conducted in a clinic, lab or an accredited hospital; as well as included in the players medical file are sent on daily basis to the medical committee of the UAEFA, and submitted on the online system FA-NET.
- 45- Addressing the proper health authorities of the test results, and committing to announce the positive cases and isolating them; in addition to examining the whole team again and conforming to the following procedures:

Test Result	Symptoms	Procedure	Notes
Positive	Exhibiting symptoms	Completing a total of 10 days in isolation (from the date of exhibiting symptoms; fever, coughing...etc.) In addition of recovery from fever (without taking fever pills for 3 days before the end of isolation), and all symptoms recovery.	One negative result after isolation is a must so as the player resumes his activities. Players, who suffer the virus symptoms, must isolate themselves before taking the initial test.
Positive	No symptoms	Completing 10 days in total isolation (from the date of the first positive PCR result with no exhibition of symptoms while isolated.	One negative result after isolation is a must so as the player resumes his activities.
Negative	Exhibiting symptoms	Conducting the test and isolation; then testing once again after 3-5 days until the symptoms disappear.	Individuals who show symptoms of the virus, must isolate themselves before taking the initial test, then take the test again after 3-5 days until the symptoms disappear. After that, they are allowed to show up to the trainings.
Negative	No symptoms	Allowed to attend the training.	Allowed to attend the training.



- 46- In the event of a positive case, the person with the positive test result is isolated and the situation is assessed by the health authorities in the Emirate, who had contact with the injured person, and conduct the necessary laboratory tests.
- 47- A positive case which has turned into negative is not allowed to engage with the group after the end of the isolation period in accordance with the directives of the Medical Committee and not permitted to train until providing all medical examinations which proves his fitness to resume training according to the following:
- A player who is infected with Covid-19 and exhibits symptoms is not allowed to resume his activities, except after conducting both Echocardiogram and Chest CT scan, to ensure the heart muscle is not harmed. Moreover, the Cardiovascular Specialist report; Respiratory Specialist report, which states that the player is fit to resume practicing football; and the Club Physician report shall be submitted to the Sport Medicine Committee to confirm the players total recovery and allow him to play.
 - A player who is infected with Covid-19 without symptoms simply conducts both ECG and Chest X-Ray; the reports of which along with the Cardiovascular Specialist report; Respiratory Specialist report, which states that the player is fit to resume practicing; and the Club Physician report should be submitted to the Sport Medicine Committee to confirm the players total recovery.
- 48- COVID-19 examination procedures during training: Weekly laboratory examination, except in the event of a positive case or confusion, the entire team is re-examined once every two days for a period of 14 days, with an emphasis on the absence of any symptoms of the Coronavirus and the thermal examination is recorded before the start of the daily exercises.
- 49- The Contact Officer must inform the UAEFA and UAE PL via a formal letter of any positive cases data, the actions taken towards them; and attach relevant medical reports in the letter.
- 50- Temperature screening (upon entering the stadium) (via Thermography Camera if possible)
- The host club must prepare a booth near the bus parking spot for temperature screening, where players are screened. If a player exhibits symptoms, he must



be screened again. In case his temperature is higher than 37.5, the player must be isolated and screened again after 15 minutes. If the temperature stays higher than 37.5, the player is immediately sent to the hospital.

- Deleting the players name from the teams list and informing the match commissioner accordingly.

51- Cases where players are banned from practicing:

- Players who suffer from chronic diseases or risky health conditions, including high blood pressure, chronic pulmonary diseases, diabetes, obesity, and asthma.
- Players whose immunity system is at stake, including chemotherapy for cancer and other disease.
- Players who exhibit clear symptoms of respiratory/ fever infection must leave the team immediately and isolate themselves while possible. They also must inform the team physician to take further actions if signs of Covid-19 infection appear.
- Players who have contact with an infected person of Covid-19 during the last 15 days must conduct PCR test. They can join the trainings based on the test result and if they exhibit no symptoms.
- Players who come from pandemic area or have contacted a family member returned from a pandemic areas or quarantine or conducted a test must conduct a PCR test. Based on the test result and no exhibition of symptoms, players will be able to join the trainings.

52- Requirements for both teams, all players and match officials

- Arrival of both teams in separate buses, with at least 10 minutes interval upon arrival.
- Team members must always wear protective face masks (medical or three-layer fiber). Masks should not have logo which is not relative to the sponsors, such as the club logo.
- Substitute players must always wear protective face masks (medical or three-layer fiber), even during the match.
- Handshaking is not allowed.
- Avoid spitting.



- Avoid sharing personal stuff.
- Use personal water bottles.
- Avoid exchange of jerseys.
- Wearing the face mask (medical or three-layer cloth mask) is a must during the press conference and international interviews.
- Avoid celebrating goals in ways which may lead to infection from a positive case.

53- Official Training (Final Matches)

- Players must arrive to the training facilities in training attire, which they must wear at home (hotel).
- Team members must wear protective gloves and face masks (medical or three-layer fiber) from arrival to facilities till entering the football field. The masks could have a non-commercial logo which is not relative to the sponsors, such as the club logo.
- At the end of training, players directly head home (hotel) to limit their movements in the facilities as much as possible.
- Training team members must watch the training from a distance, while keeping a safe distance from each other.
- There must be water bottles; each holding a player's name and number and must be disposed at the end of the training session.

54- Warm-up

- All training and match activities (including warm up...etc.) are recommended to adhere to the following guidelines:
 - Executing these activities outside, within a specific area in the football field.
 - The match warm-up must be in separate areas at the football field edges.
 - Banning direct contact and closeness between team members.
 - Limiting conversations as much as possible. However, if communicating in the football field is necessary, a safe distance of no less than 2m must be kept between conversers.
- Generally, all irrelevant activities are advised to be avoided before the match; like shaking in all styles.



55- The Match

- The team delegation sitting on the substitutes bench is advised to follow the strict sanitation measures, as well as to keep a safe distance from each other. Each individual must use a specific water bottle.
- All team delegation members must be knowledgeable of the UAEFA and UAE PL most recent protocol for match processes.



Section Five – Media and TV Broadcasting Affairs

56- General Guidelines- Access Control

- The purpose of these guidelines is to protect all workers in the media and broadcasting field who are in the stadiums.
- Utmost safety can't be achieved unless by continues sanitizing and cleaning; and by keeping a physical distance. Personal sanitization is seen as the most important way to protect individuals from the virus and prevent spreading it.
- All TV broadcast members must confirm their understanding and commitment to precautionary procedures, temperature screening upon entry.
- The guidelines of compliance to the main precautionary procedures (hand-sanitizing, coughing and sneezing ethics, keeping a safe distance...etc.) must be circulated to all media and TV staff in each stadium.
- Media and broadcast staff must always wear face masks (medical or three-layer fiber) in all parts of the stadium.
- Stadiums will have a specific entrance from the main stand, where employees with accreditation are asked to show a negative Covid-19 test result. The test's validity must not exceed a week from the matchday. In addition, workers temperatures will be checked. Access to the stadium is not allowed unless by compliance to the above-mentioned procedure.
- Using the hand sanitizers is a must before entering the stadium.
- Each photographer and channel team member must wear the bib all the time and not to share it with others.

57- General Guidelines – Additional Safety Regulations

- Avoid private conversations.
- Keep the necessary conversations within small groups.
- Keep the doors open to avoid doorknob-touching; as well as sanitize them on daily basis.
- Elevator buttons, staircase fences and doorknobs are not to be touched by hand and use elbow instead and must be sanitized on daily basis.
- Protect the nose and the mouth: keep the face mask all the time. Pay attention to the proper ways of wearing and taking off the mask and to cover the mouth and nose as a whole.



- Hand-sanitizing is a must before and after using shareable equipment, especially the broadcasting equipment.
- Providing hygienic tools (Soap - paper tissues - sanitizers) is a must to media and broadcasting areas, as well as to all stadium facilities.

58- Match Processes - Areas Distribution

- While ensuring the physical distancing condition, the stadium is distributed into four areas:



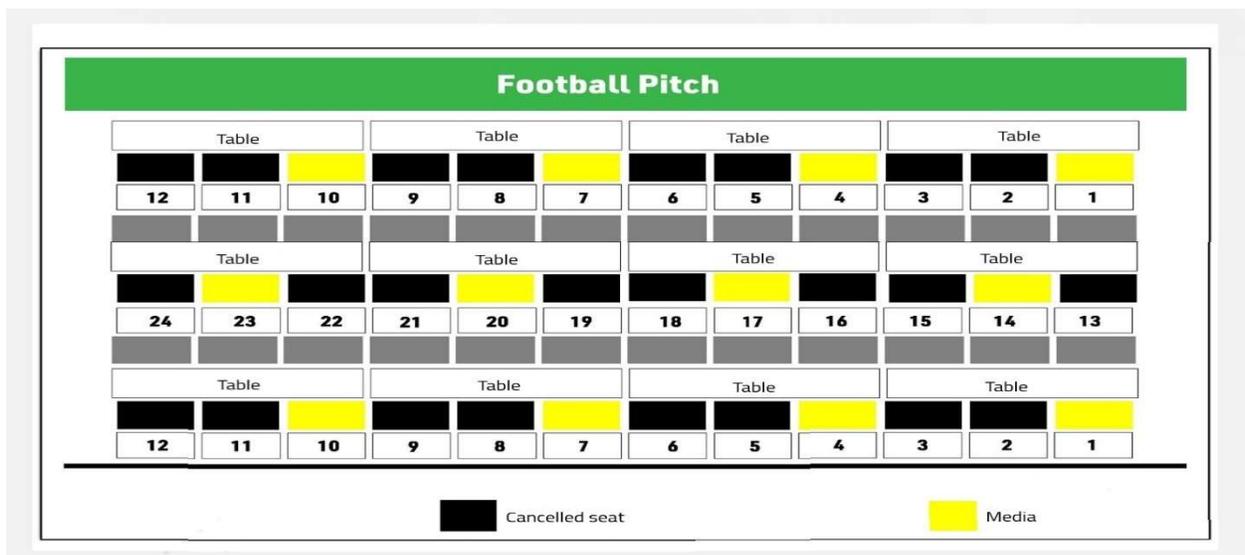
59- Match Operations

- Employees required for each area while committing to all precautionary conditions; especially physical distancing and wearing mask (medical or three-layer fiber)



Number of Employees allowed for media and broadcasting processes			
Media/ Broadcasting Area	Individuals concerned	Scenario	
		Time	Suggested Number
Journalists’ Stand	Media/ NRH/RTV	One hour before kickoff	One person for 3 seats (the number can change according to the stadium)
Football Field	Photographers	One hour before kickoff	10 people
Football Field	Hosting broadcasting entities	10 hours before kickoff until kickoff- 30 people during the match- 15 people from the end whistle and two hours later- 15 people	
Stands	Hosting broadcasting entities	10 hours before kickoff until kickoff- 26 people during the match- 19 people from the end whistle and two hours later- 16 people	
Stadium Surrounding Area	Hosting broadcasting entities	10 hours before kickoff until kickoff- 50 people during the match- 50 people from the end whistle and two hours later-50 people	

60- Match Operations – Chart advised for the media stand

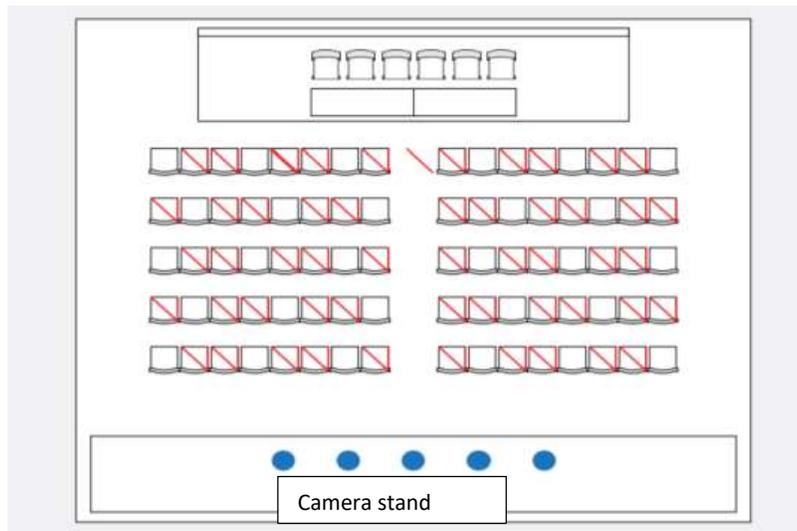


61- **Match Processes – Chart advised for photographers’ seats.**

- Photographers must be positioned in the above mentioned places.
- Distance between photographers must not be less than 2m.



62- **Match Operations – Press conference chart**



63- Match Operations- Recommended Cameras Layout.



64- Additional guidelines.

- As mentioned before, staying time at the stadium should be reduced to the minimum.
- No food or beverages will be provided by the host club to prevent gathering.
- Only people operating the transportation vehicles will be granted access to them.
- Provide the safe distancing in the cameras stands and media platform.
- When conducting an interview; separate microphones and headphones should be used for the interviewer and the guest being interviewed.
- Equipment, working surfaces and common areas should be cleaned daily.



65- Media activities - stadium entrance.

- Media accreditation should always be worn and visible.
- Media registration list must be signed before granted access to the stadium. This should be done under certain procedures, e.g., not using the same pen more than once.
- Those who refuse to sign will be denied access.
- Body temperature will be checked upon entrance.
- Media and players will have separate gates.
If this cannot be applied because of the stadium layout, they will be separated using barriers to insure a two meters distancing.
- All media personnel should wear protective masks - medical masks or the three layers fabric masks.
- Those who do not wear protective masks - medical masks or the three layers fabric masks, will not be granted access the stadium.

66- Pre-match media activities.

- Interviews will not be allowed before the match.
- The mixed zone will be used by the host broadcaster.
- Cameramen movement should separate from the players.
- Regarding the host broadcaster:
 - Filming Players coming out of the bus will be allowed with a two meters safe distance.
 - During the flash interviews a two meters safe distance should be kept (microphone long or fixed holder should be used) the interviewer should be wearing a medical mask or the three layers fabric mask.
 - Changing rooms will not be filmed at any time.

67- During match media activities.

- A two-meter distance line should be secured when the players enter the playground. This is the responsibility of the League/ Federation media official or the media official of the host team.



- Cameramen can film or take pictures from this area within the list of approved media.
- Media seating in the media platform will be assigned as first come first served.
 - o The distance between seats will be two meters.
 - o If the seats are not enough; spectators' seats will be used.
- Regarding the host media broadcast:
 - o Filming the players inside the tunnel will be allowed provided that the Cameraman is located outside the tunnel with at least two meters distance, protective masks should always be worn. Or by a fixed camera put there prior to players arrival.

68- Post- match media activities.

- Post-match press conference: media personnel and players movement should be monitored to ensure safe distancing.
- Everyone inside the press conference room must keep wearing medical masks or the three layers fabric masks.
- Avoid sitting in the front row and secure a two meters safe distance between the reporter and the guest.
- A one-meter distance should be secured between media personnel.
- Mixed zone will be used only by broadcasting rights holders.
- Regarding the host media broadcast:
 - o One quick interview with one main player from each team will be allowed for each channel. It should be carried out on the playground lines to ensure safe distancing between players, cameras, and reporters.
 - o All media personnel should be wearing gloves and medical masks or the three layers fabric masks during the flash interviews. A two meters safe distance should be kept during the interview.



69- Media activities- outline.

time	Media personnel		Availability	remarks
Pre-match	host media broadcast	Players coming down the bus	Available	Secure a two meters safe distance
		Changing room	Not Available	
		Quick interview with the manager and team administration	Available	Upon entry with safe distance
	reporter	Pre- match interviews with the manager and players.	Not Available	
During match	host media broadcast- outside the tunnel	Players waiting at the tunnel	Available	Secure a two meters safe distance
	PHO	Line up, draw, other.	Available	Secure a two meters safe distance
Post-match	host media broadcast	Players quick interviews	Available	Secure a two meters safe distance
	Reporters and journalists	Official press conference	Available	(Safe distance)
		Mixed zone	Not Available	Media with broadcasting rights only



First scenario, match without spectators (closed match)

- If the match is decided to take place without spectators, related UAE Football Association and Pro League rules and regulations will be applied.
- Fans are not allowed, but the following are allowed to be in the stadium:
 - People allowed from each team:
 - Team players and officials for the match.
 - One person from each team at the VVIP.
 - 5 people from each team at the VIP.
 - Other people allowed to be in the stadium.
 - Matchday operations organizers from each team.
 - Local police and private security personnel.
 - Match management personnel assigned by the Federation/ UAE Pro League.
 - Federation/ UAE Pro League business partners representatives.
 - Media and certified TV.
- No tickets will be sold.
- Non-participant team members excluding the field 22 players and referees should always wear medical protective masks. Masks should not display any commercial symbols, but they can have the club symbol. Visits to the dressing room will not be allowed at any times.
- VIP or VIPP guests can attend but they should take the Corona PCR or DPI test maximum 7 days before the match. Social distancing and precautionary measures should always be obtained. Visits to players dressing rooms are not allowed at any time.
- Signs stating that the **match is held without spectators** should be put in all facilities including gates and tickets booths to show that there are no tickets for the match.
- The host club should announce on his official website and his social media channels that the match will be closed, and no spectators are allowed.
- More security personnel should be stationed outside the stadium to prevent fans from gathering.
- Using the gates by the players and match officials should be minimized.
- The host team is allowed to play recorded cheering voices to create enthusiastic atmosphere. The guest team is not obligated to play any. The



Federation and the League Executive Management prior approval on the recording content is required.

- The host team is allowed to play recorded cheering voices when scoring, and to display videos on the giant screen. The Federation and the League Executive Management prior approval on the recording content is required.
- Prior agreement on the procedures and details should be made with the Match Observer.
- If the media hosting the broadcast is having problems with the sound effects and microphones, stadium cheering sound must be adjusted or shut off completely.
- Match commissioner and referees have the right to turn down or shut off the cheering sounds if they find it necessary.



Second scenario, match with limited number of spectators (restricted match)

- Restricted match doesn't differ from the regular match except when it comes to the specific protocol.
- The number of spectators allowed should be between 30% and 50% of the stadium capacity.
- This choice is mainly applied to achieve and maintain social distancing inside the stadium and to avoid crowding.
- The main recommendations to hold such matches:
 - Only specific categories of fans are allowed (like Fans Club members, seasonal tickets holders, special invites holders and electronic tickets holders) instead of regular tickets sales.
 - The number of spectators in such matches cannot exceed 30% of sellable stadium seats.
 - The guest team seats number should be agreed upon between the two teams, although it is not recommended to lower the percentage below 10% of the total 30% allowed in the stadium.
 - Just like the closed match, the host club should announce on his official website and his social media outlets to inform fans about the nature and rules and regulations of the match.
 - The filled seats should not exceed 30% of the total seats number in the stadium and they should be distributed evenly on the Stadium seating categories.
 - The host team will apply the social distancing needs between spectators according to the local guidelines. Each spectator temperature should be checked at the entrance gates.
 - The host team should decide the number of spectators entering from each gate in accordance with the spectators' distribution in the stadium.
 - Stadium entering mechanism should be allowing a specific number to enter during each hour.
 - Fans should not be under 12 or over 60 years old.
 - The spectator buying an electronic ticket should be held legally accountable regarding the information he provides.
 - The host clubs should provide food and beverages service in accordance with the precautionary measures and general guidelines which is announced in each Emirate, as explained in the attached General Regulations for Re-opening Service Facilities.



Third scenario, match with full number of spectators (regular match)

- In this phase everything will be back to normal, all activities on the field or outside the field will be normal with no restrictions.
- During this phase we recommend paying attention to hygiene and disinfection in all facilities.
- It is vital that we do not neglect or reduce the preventive measures, we should continue following the strict health regulations till the end of the pandemic.



Hosting Training Camps procedures for Visiting Teams



The following conditions will be applied when hosting training camps for neighboring and friendly countries:

- 1- The whole team is examined upon their arrival and will be waiting for the result. If it is negative, they can go out in one lane from the place of residence to the stadium and return to the place of residence without mixing with anyone outside the stadium.
- 2- Apply all procedures and conditions performed in the UAE.
- 3- Conducting a PCR test for the whole delegation before coming to the country.
- 4- Coordinate with the related Local Authority.
- 5- Full compliance with the Airline conditions and procedures.
- 6- It is preferable to fly using a chartered flight dedicated to the delegation.
- 7- Applying the procedures at the departure airports.
- 8- Taking a PCR test at the arrival airport.
- 9- Sterilize the luggage before travelling and upon arrival.
- 10- Transport in on group between the airport and the hotel.
- 11- Applying the followed protocol in both high and low risk countries.
- 12- It is preferable to dedicate the hotel to the delegation.
- 13- The delegation must not socialize with other people at the hotel.
- 14- Masks should be worn, and social distancing must always be maintained.
- 15- Constant sterilization for the facilities at the hotel and training area.
- 16- Delegation must take the DPI test regularly every four days.
- 17- The delegation must be accompanied by a medical staff to take care of the medical situations.
- 18- PCR test must be conducted before leaving the country.
- 19- All friendly matches will be held without spectators.
- 20- Journalists and reporters should not conduct live interviews.
- 21- In the event of a positive case, the person with the positive test result is isolated and the situation is assessed by the health authorities in the Emirate, and they will decide who had contact with the infected person, and conduct the necessary laboratory tests.



Home and Away Training Camps Procedures

- In order to limit the virus spread and to secure safe environment for players and participants in match organization process; all teams must adhere to the new instructions as if it is the “New normal”.
- Comply with all guiding principles laid out by the UAE government related to travelling abroad.
- Include quarantine and testing procedures in the timeframe in accordance with the UAE government and the country to be visited (in case of external camps).
- Follow all other standard procedures for domestic and abroad training camps. Like acquiring permits for having official training matches as usual.

1. COVID -19 tests according to the following guidelines:

- Must strictly take the nose swap test PCR as the most accurate diagnostic and recognized test to detect the virus.
- Players and all technical, officials, and medical staff must take the DPI test every 4 days to make sure no one is infected.
- All PCR test results must be submitted to the Medical Committee at the UAE Football Association once conducted. This should include the registered results, symptoms and reports from a certified clinic.
- All delegation, players and officials must adhere to the rules and regulations of the training camp host country; and must take the COVID-19.
- Team officials and players will take the test frequently as decided by the host country throughout the whole period of the camp.
- The host country will have the right to ask for any further documents under any situation.
- All players, team officials and referees must be checked for any Corona virus symptoms (coughing, throat infection... etc.) before leaving the hotel to the field and before entering the field.
- Minimum team officials.

2. Travelling:

a. Pre- departure procedures:

- All communications, coordination and in advance planning must be conducted locally and abroad with the proper authorities. All approvals and permits must be obtained.



- Follow the local medical testing procedures for COVID-19 before the departure. It is preferable that the team arrives early to the airport to have enough time to finish all airport procedures and the medical testing requirements.

b. While in the plane:

- Social distancing is difficult to enforce inside crowded airplanes. You might have to sit next to other people (6 feet range), this can be the case for many hours. This might increase the risk of catching the virus from another infected person. Travelling increases the chance of infection since people will have to spend more time at the airport to follow the security protocol and come close to other people and touching different surfaces.
- Some precautions can be taken to protect yourself while in a plane:
 - Keep your hands clean by using a hand sanitizer or wet wipes, they can also be used to wipe clean chair arms, food trays and remote controls while sitting in your seat. Also, clean door handles and bathroom doorknob and buttons.
 - Wear medical or a three-layer fabric mask.
 - Avoid touching your nose, eyes and mouth before washing or sanitizing your hands.
 - Avoid direct and close contact with any sick person on board or sitting in groups. Team management can coordinate in advance with the airline to have the team members sitting as one group.

c. Upon arrival:

- The team arriving to the host country must follow the procedures and guidelines to have a Covid-19 test, which are applied by the local health authorities.
- Maintain proper social distancing while walking in the airport.
- It is recommended to coordinate with the local authorities in advance to have a fast track or other search procedures applied by Border Control or Customs in the airport to avoid close contact with other passengers.



d. Transport from/to the airport:

- Enough vehicles should be provided to achieve social distancing.
- All vehicles must be cleaned and sanitized properly.
- Drivers and other employees must have a certificate that prove they have tested for Covid-19. They should also wear medical or three-layer fabric masks and gloves and other protective equipment.

3. The Team Bus:

- a. Team bus must be cleaned and sanitized properly before going to the field and after the team leave the bus.
- b. The driver must not have any symptoms and must have a certificate that prove that he has tested for Covid-19. He must wear medical or three-layer fabric masks and gloves and other protective equipment.
- c. Only team members with proper virus free certification will be allowed to use the bus and board the plane.
- d. Wearing masks and keep social distancing while in the bus.

4. Hotel Stay:

- a. All hotel reservations must be made in advance with an adequate number of rooms to accommodate the players and the rest of the team.
- b. Delegation members must stay at the same floor with separate individual room provided with sanitizers and soap.
- c. Access to public areas such as showers, gyms and clubs must be prohibited.
- d. Hand sanitizers must be provided at the public areas such as hallways, elevators, main entrance and inside and outside the rooms of the medical staff.
- e. Employees and players must wear medical or three-layer fabric masks and gloves and other protective equipment while being outside of their rooms.
- f. Constant cleaning and sanitizing for the hotel rooms and facilities.
- g. Rooms should be ventilated properly.
- h. The hotel must have the same cleaning crew for the rooms and the rooms will be cleaned upon the resident request only.



- i. Hotel employees must maintain good personal hygiene by regular washing and sanitizing their hands. They should always wear medical or three-layer fabric masks especially when being close to the team members. Any hotel employee with symptoms must not be allowed to come near the team members.
- j. Providing the services with the minimum number of hotel employees to reduce the infection probability.
- k. Avoid touching buttons and doorknobs by hand, some alternative ways may include using a pen to press the buttons or your elbow to open doors. Even though, hands should be washed for at least 20 seconds with soap and water or alcohol sanitizers.
- l. Avoid using other people belongings such as: cell phones, tablets, PlayStation...etc. if you must use it, you should be extremely careful and conduct proper sanitation.
- m. Do not mix the teams' laundry with other guests' laundry. And to designate a washing machine for the team laundry only.
- n. Sanitize the elevators constantly.
- o. Provide a special room (isolation room) which the player must go to in case he is experiencing any symptoms, to minimize the rest of the team infection chances.

5. Period of stay:

- a. Commit to all health laws at the host country.
- b. Do not interact with public or hotel workers unless it is necessary and maintain social distancing.
- c. No one from the delegation is allowed to leave the Hotel unless it is necessary.
- d. Do not receive guests at the delegation residence.

6. Meals / Hotel Restaurant:

- a. Taking all the precautionary measures in the restaurant, managing and monitoring the buffet by the medical staff.
- b. Meals timetable should consider extending the time between serving meals to best achieve social distancing and avoid crowding.



- c. A big dining hall should be provided to have a 2 meters distance between guests.
- d. Enough food and drinks must be prepared before players' arrival.
- e. Having the minimum number of hotel staff working at the restaurant. Such persons should not be replaced.
- f. A space should be designated in the restaurant for the team players so they will not come close to other hotel guests.
- g. Reducing the number of served restaurant guests and reduce the seats number. Seats should be spaced out. The situation must be under the supervision of the medical team.
- h. The tables will be cleaned just after the players leave so they will not interact with restaurant employees.

7. Additional procedures (quarantine procedures when coming back from outside the country):

- A PCR test is performed for all delegation members before travel and upon arrival in the country.
- The application of the hotel (institutional) quarantine for a period of 7 days
- Allowing the team to train or play matches during the hotel quarantine period according to the negative result of the necessary laboratory examination so that there is one path for the team or any member of the delegation from the place of residence (the hotel quarantine) to the stadium and return to the place of residence (the hotel quarantine) to ensure that they are not mixed with anyone from outside the stadium or community system
- Continuous follow-up for the absence of any symptoms of Corona virus for any of the members and the need for immediate notification if this occurs to any person from the delegation.
- The hotel quarantine phase ends after 7 days and existence of negative result for all members.
- All members of the delegation turn to home quarantine from day 8 and are allowed to perform group training and play matches and be



summoned to represent national teams with a negative result according to the schedule of laboratory tests on the team.

- In the event that the player is called up to represent the national team after the seventh day, the hotel quarantine will be applied and during that time he is allowed to participate in group training and play matches with a guarantee of safe movement.
- The medical staff accompanying the delegation and the team must follow up and coordinate with the health authorities.

1 Before Training



- 1 Do a self-check (temperature and monitoring for other symptoms) to ensure you are well. If you are not well, do not go to training and instead inform your team doctor/health provider and seek advice.



- 2 Prepare your mask, hand sanitiser, wipes, tissues, and own water bottle.



- 3 Bring extra clothes for changing after training.



- 4 Upon arrival for training, team doctor should check player's temperature.



- 5 Education on infection control must be included in the pre-training briefing.



- 6 Team personnel to ensure equipment are rigorously cleaned and disinfected.

2 During Training



1 Players should not share clothing, towels, bar soap or other personal items.



2 Avoid spitting and clearing of nasal/respiratory secretions on the pitch during training and play.



3 Players should not share water bottle. Strictly follow infection control measures (wash hands or use hand sanitiser, facial tissues, facial coverings, etc.).



4 Avoid touching door handles, railing & lift button, instead, use elbow and disinfect your hands when touching commonly touched areas.



5 No handshake, hugging, cheek to cheek, high five or any other physical contact. Greet with hello, nod or wave.

3 After Training



1 Players should separate their dirty clothes in a disposable bag and use fresh clothes when leaving the training site.



2 Ensure all equipment are rigorously cleaned and disinfected after training. Proper disposal of used waste materials after training.



3 Use mask when leaving the training site to return home or place of stay. If you are staying at home, do not expose yourself to your family before cleaning and sanitising.



4 Disinfect all your training apparel (e.g. bag, shoes, gloves etc.) and wash clothes immediately.



5 Take a shower, clean oneself from head to toe.



6 Eat balanced diet and sleep 8 – 10 hours to boost your immunity



General Principles for Reopening Services and Entertainment facilities in the Period of COVID 19



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DEPARTMENT OF HEALTH



المبادئ العامة لإعادة افتتاح المرافق الخدمية والترفيهية

في فترة التعايش مع كوفيد 19

الإصدار الأول 2020/7/1

**General Principles for Reopening Services and
Entertainment Facilities**

In The Period of COVID 19

1/7/2020 Version (1)



MINISTRY OF HEALTH AND PREVENTION
وزارة الصحة والوقاية



MINISTRY OF EDUCATION
وزارة التربية والتعليم



MINISTRY OF SPORTS
وزارة الرياضة



DEPARTMENT OF HEALTH
إدارة الصحة



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إدارة الصحة



REGULATIONS AND PROCEDURES FOR THE RETURN OF SPORTS ACTIVITIES IN SPORTS ESTABLISHMENTS	ضوابط وإجراءات عودة النشاط الرياضي للمؤسسات الرياضية
<p>In accordance with the regulations issued by the Ministry of Health and Prevention, and the health and the concerned authorities, the precautionary measures developed to protect those who practice sports from the COVID-19 pandemic; and upon consultation and co-ordination with the relevant authorities as part of the preparations for the return of sports activities and reopening sports facilities in UAE, the following measures and guidelines shall be observed, as per the nature of the sports establishment's activities:</p> <ol style="list-style-type: none">1. Sports facilities and all tools, equipment, and means of transportation shall be sanitized through a registered company, and issue document proofing that. A permanent sanitization program shall be put in place, and sanitizers shall be provided in the necessary areas in the establishment.2. A physical distance of at least 2 meters must be maintained, and separators/partitions (e.g. acrylic dividers) shall be installed between sports equipment, if the nature of the sports activity requires it, to ensure protection of people.3. Prepare for the return of the activity at a maximum of 50% of the facility's normal capacity. Each facility shall specify its working hours in line with pronouncements related to this matter.4. Close off gathering areas, Furthermore, trainers and instructors are not allowed to gather in any area without social distance precautions.5. Close off (Sauna, steam, Jacuzzi)6. Shower facilities, lockers and changing rooms are permitted conditional that cleaning and sanitization is performed after every use, or at a minimum of once every hour, and social distancing must be maintained at all times in these facilities. If operators unable to maintain the strict cleaning, sanitization regimes, and social distancing rules then these facilities must be closed.7. Bathrooms/toilets must be sanitized after each use, or at least once every hour.	<p>وفقاً للضوابط الصادرة عن وزارة الصحة ووقاية المجتمع والجهات الصحية والمعنية والشروط والإجراءات الاحترازية الموضوعية بهدف حماية ممارسي الأنشطة الرياضية من جائحة كورونا، وبناء على قرار عودة النشاط الرياضي في المؤسسات الرياضية في الدولة، يرجى التقيد بالضوابط والإرشادات وفقاً لطبيعة النشاط الذي تمارسه المؤسسة الرياضية، وذلك على النحو التالي:</p> <ol style="list-style-type: none">1. تعقيم المنشآت الرياضية وكافة الأجهزة والأدوات والمعدات ووسائل النقل، من خلال إحدى شركات التعقيم المسجلة، وإصدار ما يثبت ذلك ووضع نظام تعقيم دائم مع توفير معقمات في الأماكن الضرورية بالمنشأة.2. المحافظة على مسافة التباعد الجسدي بما لا يقل عن مسافة 2 متر، ووضع فواصل بين الأجهزة المستخدمة في الأنشطة الرياضية إذا كانت طبيعة النشاط تقتضي ذلك مثل (فواصل أكتريك) لضمان وقاية الممارسين.3. التجهيز لعودة النشاط بما لا يتجاوز 50% من طاقة استيعاب المنشأة، على أن تحدد كل مؤسسة ساعات العمل الخاصة بها وفقاً للقرارات المتعلقة بهذا الشأن.4. إلغاء مناطق التجمعات ولا يسمح للمتدربين والمدربين بالتجمع والتقارب بدون الأخذ بالاعتبار التباعد الجسدي.5. والتأكد من إغلاق مرافق (ساونا، حمام البخار، جاكوزي).6. يسمح باستخدام مرافق الاستحمام وخزائن الملابس وغرف تغيير الملابس شريطة إجراء التنظيف والتعقيم بعد كل استخدام او مره واحدة على الأقل كل ساعة ويجب الحفاظ على مبادئ التباعد الجسدي في جميع الأوقات في هذه المرافق حيث يتوجب اغلاقها إذا تعذر على المشغلين تطبيق كافة ما سبق7. يجب تعقيم الحمامات/المراحيض المستخدمة بعد كل استخدام او مرة على الأقل كل ساعة.



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<p>8. All players/visitors/members must wear a (medical or fabric three layers) mask at all time, but can be lowered/removed while engaged in physical exercise with at least 2 meter physical distance</p> <p>9. Frequently used equipment that are used or touched by players/visitors/members must be cleaned. Floors and equipment must always be cleaned after each use.</p> <p>10. Exhaust fan to be maintained and checking indoor air quality and maintaining humidity from 40% to 60%.</p> <p>11. Provide equipment to measure the temperature of customers, employees, trainers and participants before the start of every training session. Anyone with a temperature of over 37.5 degrees shall not be allowed in the facility.</p> <p>12. Individuals below the age of 12 and above 60 are not allowed to practice activities.</p> <p>13. A person who has a cough, temperature, breathing difficulty, respiratory disease or immunodeficiency, shall not be allowed to participate in the sports activities.</p> <p>14. Restaurants, cafes and food services should adhere to the food safety and hygiene guidelines when serving and preparing drinks / food as well as adhering to the precautionary measures that must be followed in the food establishments mentioned in this document.</p> <p>15. Hands to be sanitized before & after handling credit card Machines</p> <p>16. Educate staff, trainers, and players on maintaining personal health & safety, & premise hygiene</p> <p>17. Guidelines and instructions issued by MOHAP & health authorities, and updated from time to time, shall be observed and strictly followed.</p> <p>18. Encourage everybody to install AlHosn application</p>	<p>8 على جميع الرياضيين / الزوار / الأعضاء التقيد بارتداء كمامات الوجه (الطبية او القماشية ثلاثية الطبقات) طوال الوقت ويمكن خفضها أو خلعها أثناء ممارسة التمارين مع ضرورة الالتزام بالتباعد الجسدي 2 متر</p> <p>9 تنظيف المعدات ذات الاستخدام المتكرر والتي يستخدمها الأعضاء/الزوار/الرياضيين والتنظيف الدائم للأرضيات والمعدات بعد كل استخدام.</p> <p>10 ضرورة الالتزام بصيانه اجهزة التهوية والتأكد من وجود الهواء الداخلي مع الحفاظ على نسبة الرطوبة من 40%-60%</p> <p>11 توفير أجهزة لقياس درجة حرارة العملاء والعاملين والمدربين والمشاركين قبل انطلاق الحصة التدريبية ، وعدم السماح بدخول أي شخص تزيد درجة حرارة جسمه عن (37.5) درجة مئوية.</p> <p>12 لا يسمح بممارسة النشاط لمن هم دون سن " 12 " سنة او الذين تزيد سنهم عن " 60 " سنة.</p> <p>13 عدم السماح بممارسة النشاط الرياضي إذا كان الشخص مصاباً بكحة أو حرارة أو صعوبة في التنفس أو يعاني من أمراض الجهاز التنفسي أو نقص المناعة</p> <p>14 يجب الالتزام باتباع المبادئ التوجيهية لسلامة الأغذية و النظافة الصحية عند تقديم و اعداد المشروبات/الطعام وكذلك الالتزام بالإجراءات الاحترازية الواجب اتباعها في المؤسسات الغذائية الواردة في هذا المستند.</p> <p>15 تعقيم اليدين قبل وبعد التعامل مع آلات بطاقات الائتمان</p> <p>16 تثقيف الموظفين والمدربين والمدربين حول الحفاظ على الصحة والسلامة والنظافة الصحية</p> <p>17 الالتزام بالتوجيهات والارشادات التي تصدرها الجهات الصحية والتي يتم تحديثها من وقت لآخر.</p> <p>18 تشجيع الجميع على تثبيت تطبيق الحصن عبر هواتفهم المحمولة.</p>
<p>These measures are valid till further notice and regular inspections will be conducted to ensure the compliance,</p>	<p>من المتابعة وسيتم آخر إشعار حتى سارية الإجراءات هذه واتخاذ أعلاه ورد بما الالتزام من للتأكد التفتيش خلال</p>



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<p>where non-compliant will cause further actions according to the enforced rules</p>	<p>للضوابط وفقاً ملتزمة الغير مع الجهات اللازمة الإجراءات بها المعمول</p>
<p>Reopening Precautionary Measures for (valet parking service) (until further notice)</p>	<p>الإجراءات الاحترازية الواجب اتباعها لمرحلة إعادة فتح خدمة صف السيارات حتى إشعار آخر</p>
<p>Valet parking service operators should comply with the following</p> <ol style="list-style-type: none"> Workers must Wear gloves and (medical or fabric three layers) masks at all times Wearing protective face shield if coming in direct contact with customers/guests Changing gloves and sanitizing hands after every car valet service is mandatory Use of disposable covers for the seats and steering wheels Undergo mandatory temperature screening for staff before starting work, and staff showing symptoms must be refrained from coming to work, and if his/ her temperature of over 37.5 degrees shall not be allowed in the facility. Regular cleaning and disinfecting the operated parking facilities, equipment, cars common surfaces Each valet station to have sanitizing wipes that are used to wipe down the steering wheel, gear stick, and any other surface touched (e.g key fob) before handing over the car Valet attendant to keep the AC on for some time before delivering the car back to the guests (while keeping the doors and windows open) to achieve right amount of fresh air/air circulation. Valet attendant can use strong fans or sanitization equipment to sanitize the car before delivering it to the customer. Promote smart payments solutions Hands to be sanitized before & after handling credit card machines Educate staff on maintaining personal health & safety, & premise hygiene Encourage everybody to install AlHosn application <p>These measures are valid till further notice and regular inspections will be conducted to ensure the compliance, where non-compliant will cause further actions according to the enforced rules</p>	<p>يتوجب على جميع مشغلي خدمة صف السيارات ضرورة الالتزام بالمتطلبات التالية:</p> <ol style="list-style-type: none"> الالتزام بارتداء القفازات والكمامات (الطبية او القماشية ثلاثية الطبقات) من قبل العاملين في جميع الأوقات الالتزام بارتداء واقي الوجه الشفاف للموظفين ذو الاتصال المباشر مع الزبائن والزوار الزامية تغيير القفازات وتعقيم الايدي بعد كل خدمة صف سيارة. استخدام غطاء واقي احادي الاستخدام على المقعد وعجلة القيادة عند صف السيارة الزامية قياس حرارة الجسم لجميع العاملين قبل بدء العمل على ان يمنع من العمل منعا باتا أي موظف تظهر عليه اعراض مرضيه او تزيد حرارة جسمه عن (37.5) درجة مئوية . التنظيف والتعقيم المستمر لكل الاسطح الملامسة في المرافق والمعدات والسيارات يجب ان يحتوي كل موقع خدمة صف السيارات على مناديل التعقيم للقيام بتعقيم عجلة القيادة وجهاز التروس والمفاتيح وكل ما يلمس قبل تسليم السيارة للمتعامل. يتوجب على موظف خدمة صف السيارة فتح مكيف السيارة لبعض الوقت (عند فتح الشبايك والابواب) لضمان دوران الهواء النقي داخل السيارة يمكن استخدام مراوح قوية او جهاز تعقيم لتعقيم السيارة قبل تسليمها للزبائن تشجيع الدفع عبر قنوات الدفع الذكية و تعقيم اليدين قبل وبعد التعامل مع آلات بطاقات الائتمان تنظيف الموظفين حول الحفاظ على الصحة والسلامة والنظافة الصحية تشجيع الجميع على تثبيت تطبيق الحصن عبر هواتفهم المحمولة. <p>هذه الإجراءات سارية حتى إشعار آخر وسيتم المتابعة من خلال التفتيش للتأكد من الالتزام بما ورد أعلاه واتخاذ الإجراءات اللازمة مع الجهات الغير ملتزمة وفقاً للضوابط المعمول بها.</p>



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Precautionary Measures for Food Establishments (until further notice)

Food establishments should comply with the following:

- 1 Carry out regular body temperature checking for staff, customers, visitors and guests before entry. Anyone with a temperature of over 37.5 degrees shall not be allowed in the facility.
- 2 Maintain physical distancing measures of 2 meters among customers and workers at all times except in the case of family members.
- 3 Provide instructions for maintaining social distancing of 2 meters in all food establishments
- 4 Food and beverage outlets, and food courts are allowed to operate in their own production capacity, while maintaining the hygiene, sanitization, and social distancing
- 5 Food and beverage outlets, and food courts must maintain placing tables 2 meters apart for all customers or set up separators / screens between tables.
- 6 Customers are not allowed to be in the waiting area to limit the number of people inside the food premises
- 7 Customers are not allowed to be in the food premises more than 3 hours.
- 8 Staff members should seek medical care right away once developed flu symptoms, and to stop working immediately, and customer with flu symptoms are not allowed to enter.
9. Food handlers should wear face mask and provide masks for customers if needed.
10. Ensure the use of cleaned and disinfected, or disposable, utensils / dishes / cups / packages for food services
11. Food delivery from restaurants shall not exceed 50 meals per order
12. Regular hand washing with water and soap or hand sanitizing by workers with the availability of contactless hand sanitizer dispensers at different areas
13. Clean and disinfect customer service tables immediately after the customer leaves with an approved disinfectant
14. All F&B outlets are permitted to serve buffet subject to application of minimum social distancing requirement of 2 m for queuing with: food served by the service staff (canteen style serving); or served on guest table [No Self-Service Allowed]. This buffet style of serving shall not allow sharing or touching of the serving utensils, and beverages must be served on the customer table only. The service provider/management/operator must ensure that there is no crowding in the buffet area and queues are managed properly.

الإجراءات الاحترازية الواجب اتباعها في المؤسسات الغذائية حتى إشعار آخر

يتوجب على جميع المؤسسات الغذائية ضرورة الالتزام بالمتطلبات التالية:

1. قياس درجات الحرارة للعاملين والزبائن والضيوف والزائرين بشكل دوري قبل الدخول ولا يسمح للذين تزيد حرارتهم عن 37.5 بالدخول.
2. الالتزام بالتباعد الجسدي لمسافة 2 متر بين شخص وآخر باستثناء أفراد الأسرة الواحدة.
3. توفير الإرشادات اللازمة للحفاظ على التباعد الجسدي 2 متر في المؤسسات الغذائية
4. يسمح لكافة منافذ بيع الأطعمة والمشروبات ووردهات الطعام بالعمل وفقا لقدرة استيعابها مع الحفاظ على التنظيف والتطهير والتباعد الجسدي المطلوب
5. يجب ترك مسافة لا تقل عن مترين بين الطاولة والأخرى لكافة منافذ بيع الأطعمة والمشروبات ووردهات الطعام أو إضافة حواجز بين الطاولات
6. يجب عدم السماح للزبائن بالتواجد في منطقة الانتظار، لتقليل عدد الأشخاص في المؤسسة الغذائية
7. عدم السماح للزبائن بالتواجد أكثر من 3 ساعات في المؤسسة الغذائية
8. توجيه العاملين في حال ظهور أي أعراض عدوى تنفسية إلى مراجعة أقرب مركز صحي للفحص والعلاج، وعدم مزاولة العمل، وعدم السماح للزبائن الذين يعانون من أعراض عدوى تنفسية بالدخول
9. ارتداء كمام الوجه للعاملين اثناء العمل، وتوفيرها للزبائن عند الحاجة
10. التأكد من استخدام أدوات بلاستيكية نظيفة ومطهرة أو / الأطباق / الأكواب الأدوات ذات الاستخدام الواحد كالأواني والعبوات عند تقديم الغذاء
11. يجب ألا يتجاوز طلب توصيل الطعام من المطاعم 50 وجبة في الطلبية الواحدة
12. غسل اليدين بالماء والصابون أو تعقيم اليدين للعاملين بشكل دوري مع توفير معقمات اليدين التي تعمل تلقائيا لهم في أماكن منفردة
13. يجب تنظيف وتطهير الطاولات المستخدمة بالمطهرات المعتمدة مباشرة بعد مغادرة الزبون
14. يسمح لجميع منافذ بيع الأطعمة والمشروبات بتقديم خدمة البوفيه شريطة تطبيق المتطلبات المتعلقة بالحد الأدنى من التباعد الجسدي 2 متر في طابور الزبائن على أن يتم تقديم الطعام من قبل طاقم الخدمة كما يحدث في خدمة المقصف أو أن يتم التقديم على طاولات الضيوف لا يسمح بالخدمة الذاتية ولا يسمح في هذا النمط من الخدمة بالمشاركة أو لمس الأواني الأوعية كما يتقدم تقديم المشروبات على طاولات الزبائن وأن يضمن مقدم الخدمة الإدارة مشغل الموقع عدم حدوث الازدحام في منطقة البوفيه وأن تدار قائمة الانتظار بالطريقة الصحيحة



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15. Promote smart payment solutions (cards, online and other related means)
16. Hands to be sanitized before & after handling credit card Machines
17. Perform a thorough cleaning and disinfection process in the food establishment after working hours
18. Exhaust fan to be maintained and checking indoor air quality and maintaining humidity from 40% to 60%.
19. Increase takeaway and home delivery orders (with adequate food safety precautions)
20. Develop a clear work procedure and record related information
21. valet parking services across all food establishments are allowed, while ensuring that precautionary and preventive measures are followed
22. Food establishments working hours must be aligned to directives on allowed operating hours
23. Follow the Food code requirements at all times
24. All food establishments and other institutions (such as but not limited to – hotels) shall assign a dedicated hygiene manager with appropriate qualifications and competencies to develop and implement good hygiene and health practices
25. Educate staff on maintaining personal health & safety, & premise hygiene
26. Encourage everybody to install AIHosn application

These measures are valid till further notice and regular inspections will be conducted to ensure the compliance, where non-compliant food establishments will be penalized according to the enforced rules.

15. تشجيع الدفع عبر قنوات الدفع الذكية البطاقات او عبر الانترنت والوسائل الأخرى ذات صلة
16. تعقيم اليدين قبل وبعد التعامل مع آلات بطاقات الائتمان
17. القيام بعملية تنظيف وتطهير شاملة في المؤسسة الغذائية بعد ساعات العمل
18. ضرورة الالتزام بصيانه اجهزة التهوية والتأكد من وجود الهواء الداخلي مع الحفاظ على نسبة الرطوبة من 40%-60%
19. يجب التركيز على زيادة عدد الطلبات الخارجية مع اتباع إجراءات السلامة الغذائية
20. اعداد دليل إجراءات عمل واضح وتدوين جميع إجراءات العمل اليومية في السجلات
21. يسمح لخدمات صف السيارات في كافة المؤسسات الغذائية شرط اتباع الإجراءات الاحترازية والوقائية اللازمة
22. يجب ان تنماشى ساعات العمل المحددة لتشغيل المؤسسة الغذائية مع التعليمات الصادرة بشأن ساعات العمل المسموحة
23. اتباع ما جاء في نظام سلامة الغذاء في جميع الأوقات
24. يتوجب على المؤسسات الغذائية في المنشآت الأخرى على سبيل المثال لا الحصر - الفنادق (نعيين مدير) لديه مؤهلات وكفاءة مناسبة للإشراف على تنفيذ وتطوير عمليات التنظيف والتطهير والممارسات الصحية.
25. تثقيف الموظفين حول الحفاظ على الصحة والسلامة والنظافة الصحية
26. تشجيع الجميع على تثبيت تطبيق الحصن عبر هواتفهم المحمولة.

هذه الإجراءات سارية حتى إشعار آخر وسيتم المتابعة من خلال التفتيش للتأكد من الالتزام بما ورد أعلاه ومخالفة المؤسسات الغذائية الغير ملتزمة وفقا للضوابط المعمول بها.

Reopening Precautionary Measures for Fitness Centers (until further notice)	الإجراءات الاحترازية الواجب اتباعها لمرحلة إعادة فتح مراكز اللياقة البدنية حتى إشعار آخر
<ol style="list-style-type: none"> 1. Increase the frequency of cleaning and disinfection during re-opening phase by focusing on the followings: <ul style="list-style-type: none"> • Cash counters and POS machines. • Doors and stairs handle. • All tools/material/equipment. • Hand wash sinks. • Personal hygiene. • AC and TV remote control. • Washrooms. 2. All clients to be served upon an appointment only prior the visit. 3. Measuring temperature of staff regularly and clients before entering. If client temperature exceeds 37.5 	<ol style="list-style-type: none"> 1. زيادة دورية التنظيف والتطهير طوال فترة إعادة التشغيل والتركيز على المرافق التالية: <ul style="list-style-type: none"> • كاونترات وأجهزة دفع النقود. • مقابض الأبواب والسلالم والمصاعد. • جميع الأدوات والأجهزة والمواد المستخدمة. • مغاسل الأيدي. • النظافة الشخصية. • أجهزة التحكم بالتلغاز والتكييف. • دورات المياه 2. استقبال الزبائن من خلال المواعيد المسبقة فقط.



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مركز أبوظبي
Abu Dhabi Center



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<p>Celsius, he/she should be prohibited to enter the facility.</p> <p>4 Staff and clients should wear mask and not allowing clients to enter unless they wear it.</p> <p>5 Clients must wear a (medical or fabric three layers) face mask at all time but can be lowered/removed while engaged in physical exercise with at least 2 meter physical distance.</p> <p>6. Waiting area to be closed permanently (customers not allowed to wait)</p> <p>7. Physical distance must be considered, 2m distance between people</p> <p>8. All gyms and fitness centers allowed to operate, while maintaining all the precautionary measures, social distancing rules, and hygiene & sanitization guidelines</p> <p>9. 2 m distance should be maintained between each machine either by removing some machines or covering it or putting sign not use.</p> <p>10. Set necessary visible markers for implementing and maintaining physical distancing (2m)</p> <p>11. Preferably to use barriers/partitions to separate exercise areas and to separate help desk staff and clients</p> <p>12. Extra loose equipment's from training floor should be removed to minimize cleaning surfaces that includes mats, foam rollers, yoga blocks etc. from gym/studio floor</p> <p>13 Sauna, steam, and Jacuzzi to be closed.</p> <p>14. Shower facilities, lockers and changing rooms are permitted conditional that cleaning and sanitization is performed after every use, or at a minimum of once every hour, and social distancing must be maintained at all times in these facilities. If operators unable to maintain the strict cleaning, sanitization regimes, and social distancing rules then these facilities must be closed.</p> <p>15. Not allowed providing massage service in fitness center permanently</p> <p>16. No tournaments or events will take place at this time fitness center.</p> <p>17. Performing a thorough cleaning and disinfection process after working hours and after each use</p> <p>18. Outdoor training areas should be cleaned and sanitized that includes: fields, pitches, tracks, courts etc. before and after Training</p> <p>19. Ensure availability of hand sanitizer in all areas in fitness center and should be used by staff & client, and encouraging them to wash their hands with water and soap</p> <p>20. Mandatory to provide material to wipe/disinfect equipment before and after use of equipment</p>	<p>3 قياس درجات الحرارة للموظفين بشكل دوري خلال اليوم، وللزبائن قبل الدخول، وفي حال كانت درجة حرارة الزبون أكثر من 37.5 درجة مئوية يجب منعه/منعها من الدخول.</p> <p>4 يجب على جميع الموظفين والزبائن ارتداء الكمامات (الطبية او القماشية ثلاثية الطبقات)، وعدم السماح بدخول الزبائن دون ارتدائها</p> <p>5 على جميع الرياضيين / الزوار / الأعضاء التقيد بارتداء كمامات الوجه (الطبية او القماشية ثلاثية الطبقات) طوال الوقت ويمكن خفضها أو خلعها أثناء ممارسة التمارين مع ضرورة الالتزام بالتباعد الجسدي 2 متر</p> <p>6 إلغاء منطقة الانتظار عدم السماح بتواجد الزبائن في منطقة الانتظار.</p> <p>7 يجب الالتزام بمبادئ التباعد الجسدي بترك مسافة 2 متر بين الأشخاص</p> <p>8 يسمح لكافة مراكز اللياقة البدنية وكمال الأجسام بتقديم خدماتها مع الالتزام بالإجراءات الاحترازية والتباعد الجسدي والأدلة الإرشادية المتعلقة بالنظافة والتعقيم</p> <p>9 يجب ترك مسافة 2 متر بين كل جهاز وذلك بإزالة بعض الأجهزة او وضع علامة عدم الاستخدام عليها</p> <p>10 وضع الملصقات اللازمة للتطبيق وتنظيم المسافات الامنة بالتباعد الجسدي 2 متر</p> <p>11. يفضل إضافة حواجز لفصل مناطق التدريب عن بعضها وفي منطقة الاستقبال بين موظف الاستقبال والزبون</p> <p>12. يجب إزالة او تخزين المعدات سهلة الإزالة التي توضع على الارضيات خلال التدريب وذلك لتقليل من تنظيف الاسطح والتي تشمل الارضيات الماصة للصدمات والارضيات المخصصة لليوغا)</p> <p>13. اغلاق مناطق منطقة الساونا وحمام البخار والجاكوزي</p> <p>14. يسمح باستخدام مرافق الاستحمام وخزائن الملابس وغرف تغيير الملابس شريطة اجراء التنظيف والتعقيم بعد كل استخدام او مره واحدة على الأقل كل ساعة ويجب الحفاظ على مبادئ التباعد الجسدي في جميع الأوقات في هذه المرافق حيث يتوجب اغلاقها إذا تعذر على المشغلين تطبيق كافة ما سبق</p> <p>15. لا يسمح بتقديم خدمة التدليك والاسترخاء في مركز اللياقة البدنية</p> <p>16. لا يسمح بتنظيم او ممارسة الفعاليات والبطولات في مركز اللياقة البدنية</p> <p>17. عمل تطهير شامل مرافق المؤسسة يوميا بعد ساعات العمل وبعد كل استخدام</p>
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21. Medical waste container should be provided to dispose the used masks and gloves
22. Clients should bring their own equipment and tools (yoga mat, towels, cloth ...etc
23. Fitness center equipment to be used by clients after cleaning and disinfection, in case clients could not bring their own. (cleaning & disinfection should be done before and after each client)
24. Common used items e.g. (Medicine balls, dumb bells, etc..) to be used only on strict calendarization basis
25. One individual personal trainer allowed with maximum two trainees only with a minimum 2.5m distance to be maintained
26. Group classes/sessions in studios are allowed, with the condition of maintaining 2.5m distance between each trainee
27. All newspapers, magazines and water dispenser to be removed
28. Disposable tableware and cups to be used if needed. in case of providing any drink or food, it must adhere to the guidelines of food safety and hygiene when serving and preparing drinks / food and the precautionary measures that must be followed in the food establishments mentioned in this document
29. Document all cleaning and disinfection operations including list of used disinfectants
30. Exhaust fan to be maintained and checking indoor air quality and maintaining humidity from 40% to 60%
31. Promote smart payment solutions (cards, online and other related means)
32. Hands to be sanitized before & after handling credit card Machines
33. Commitment to the announced working hours for the operation
34. Fitness center should be disinfected by registered companies before opening, and issue document approving that
35. Identify the isolation area for emergency use and train the employees the response procedures.
36. Educate staff on maintaining personal health & safety, & premise hygiene
37. Encourage everybody to install AlHosn application

These measures are valid till further notice and regular inspections will be conducted to ensure the compliance, where non-compliant will cause further actions according to the enforced rules.

18. يجب تنظيف وتعقيم مرافق التمرين الخارجية قبل وبعد البدء بالرياضة مثال الملاعب والمسارات وغيرها
19. توفير معقمات الأيدي في كافة مرافق مركز اللياقة واستخدامها من قبل الموظفين والزبائن وتشجيعهم على غسل اليدين بالماء والصابون
20. يجب توفير أدوات لتعقيم الأجهزة قبل وبعد كل استخدام
21. يجب توفير حاويات النفايات الطبية للنخلص من الكمادات والقفازات المستخدمة
22. يتوجب على الزبائن احضار ادواتهم ومعداتهم الخاصة بهم مثل (فراش اليوغا الفوط الخ)
23. تنظيف وتعقيم معدات مركز اللياقة قبل تسليمها للزبائن في حال لم يستطع الزبون احضار عدته (يتوجب تنظيف وتعقيم معدات قبل وبعد كل زبون)
24. يسمح باستخدام الأدوات التالية مثل (الكرات الطبية وجميع معدات رفع الاثقال الخ) بطريقة مجدولة
25. يسمح لمدرّب واحد لكل شخصين بشرط الالتزام بالتباعد الجسدي 2 متر
26. يسمح بالتدريب الجماعي مع مراعاة الالتزام التام بقواعد التباعد الجسدي 2 متر
27. إزالة كافة الصحف والمجلات وبرادات شرب المياه
28. استخدام بدائل أحادية الاستخدام المخصصة لتناول الطعام والشراب عند الحاجة وفي حال تقديم اي شراب او طعام فيجب الالتزام بالمبادئ التوجيهية لسلامة الأغذية و النظافة الصحية عند تقديم واعداد المشروبات/الطعام و بالإجراءات الاحترازية الواجب اتباعها في المؤسسات الغذائية الواردة في هذا المستند
29. توثيق عمليات التنظيف والتطهير في سجلات التنظيف مع ذكر المادة المستخدمة في التطهير
30. ضرورة الالتزام بصيانه اجهزة التهوية والتأكد من وجود الهواء الداخلي مع الحفاظ على نسبة الرطوبة من 40%-60%
31. تشجيع الدفع عبر القنوات الدفع الالكترونية الذكية (البطاقات او عبر الانترنت والوسائل الأخرى ذات الصلة
32. تعقيم اليدين قبل وبعد التعامل مع آلات بطاقات الائتمان
33. الالتزام بساعات العمل المحددة للتشغيل وحسب التعليمات الصادرة بالخصوص
34. الالتزام بتعقيم شامل للمؤسسة قبل فتح من قبل شركة مسجلة مع توفير مستند لإثبات التعقيم
35. تحديد موقع للعزل للاستخدام في الحالات الطارئة وتدريب الموظفين على الية الاستجابة
36. تنقيف الموظفين حول الحفاظ على الصحة والسلامة والنظافة الصحية
37. تشجيع الجميع على تثبيت تطبيق الحصن عبر هواتفهم المحمولة.



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<p>Reopening Precautionary Measures for Reopening Swimming Pool Until Further notice</p>	<p>الإجراءات الاحترازية الواجب اتباعها لمرحلة إعادة فتح المساح حتى إشعار آخر</p>
<ul style="list-style-type: none"> This include Swimming Pools and public aquatic venues (indoors and outdoors) Applied to Hotel Establishments, Health Clubs/Gym Facilities, Recreation Clubs, Residential and Commercial Facilities 	<p>يشمل تلك المساح والأماكن المغلقة العامة (في الداخل والخارج) • تطبق على المنشآت الترفيهية، النوادي الصحية / صالات الألعاب الرياضية، النوادي الترفيهية، المنشآت السكنية والتجارية</p>
<p>1. Hygiene, Cleaning and Sanitization:</p> <ul style="list-style-type: none"> Prior to reopening, all swimming pools should go under deep cleaning after a prolonged facility shutdown to minimize the risk of Legionnaires' disease and other diseases associated with water. Water Quality test should be done before reopening (TBC & legionnaires) Swimming pools to maintain the hygiene and sanitization requirements as per concerned department guidelines inclusive of maintaining regular cleaning regime, water testing, the chlorine concentration (between 1.0 and 2.0 PPM). Cleaning and disinfecting frequently touched surfaces and common areas at least once every hour and shared objects each time they are used (handrails, lounge chairs, tabletops, pool noodles & kickboards, pool side showers, etc.) Visitors and pool users should maintain safe and desirable etiquette before, during, and after swimming (i.e. no spitting in the pool, washing their hands more often, cover their sneeze and coughs, and showering (the side pool showers only) before and after using the swimming pool) Shower facilities, lockers and changing rooms are permitted conditional that cleaning and sanitization is performed after every use, or at a minimum of once every hour, and social distancing must be maintained at all times. If operators unable to maintain the strict cleaning, sanitization regimes, and social distancing rules then these facilities must be closed. Washrooms/Toilets must be cleaned after every use or at minimum once every hour. Providing towels not permitted, visitors and guests must bring their own towels. 	<p>1. النظافة والتعقيم:</p> <ul style="list-style-type: none"> قبل إعادة الفتح، يجب أن تخضع جميع حمامات السباحة للتنظيف العميق بعد إغلاق المنشأة لفترات طويلة لتقليل خطر الإصابة بمرض داء الفيلقفة (Legionnaires' disease) والأمراض الأخرى المرتبطة بالمياه. ويجب إجراء اختبار جودة المياه قبل إعادة الفتح (TBC و Legionnaires) الحفاظ على متطلبات النظافة والتعقيم وفقاً لإرشادات القسم المعني بما في ذلك الحفاظ على نظام التنظيف المنتظم واختبار المياه وتركيز الكلور (بين 1.0 و 2.0 جزء في المليون). تنظيف وتطهير الأسطح والأماكن المشتركة التي يتم لمسها بشكل متكرر، مرة واحدة على الأقل كل ساعة أو في كل مرة يتم استخدامها (المقبض، كرسي الاستلقاء، الطاولات، معدات وألواح السباحة، الدش بجانب المسبح، الخ). يجب على الزوار ومستخدمي المسبح الحفاظ على الأدب العامة قبل وأثناء وبعد السباحة (أي عدم البصق في المسبح وغسل اليدين وتغطية الفم والأنف عند العطس والسعال) والاستحمام في المسبح للجانب فقط قبل وبعد السباحة يسمح باستخدام مرافق الاستحمام وخزائن الملابس وغرف تغيير الملابس شريطة إجراء التنظيف والتعقيم بعد كل استخدام أو مرة واحدة على الأقل كل ساعة ويجب الحفاظ على مبادئ التباعد الجسدي في جميع الأوقات في هذه المرافق حيث يتوجب إغلاقها إذا تعذر على المشغلين تطبيق كافة ما سبق يجب تنظيف الحمامات / المراحيض بعد كل استخدام أو مرة واحدة على الأقل كل ساعة. لا يسمح بتوزيع المناشف وعلى مستخدمي المسبح إحضار المناشف الخاصة بهم.



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مجلس التعليم
الرياضي
Saudi Olympic
Council (SOC)



الرياضيات
Sports
Mathematics

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Department of Health

<ul style="list-style-type: none"> • Sunbeds must be covered an extra layer of linen, which should be removed and replaced by a new linen after every use and to be provided by the operator. [Including full sanitization of sunbeds after every use]. • Install touchless hand sanitizers at the common areas. • Ensuring that ventilation/cooling and air conditioning system for indoor spaces operate properly with an adequate intake of fresh air. • Refrain people from sharing items that are difficult to clean, sanitize, or disinfect or that are meant to come in contact with the face (for example, goggles, nose clips, and snorkels). • Discouraging the sharing of items such as food, equipment, toys, and supplies with guests from other households • Ensuring adequate equipment for patrons and swimmers, such as kick boards and pool noodles, to minimize sharing to the extent possible, or limiting use of equipment by one group of users at a time and cleaning and disinfecting between uses. Operators unable to maintain the strict cleaning regimes, must not provide these equipment. • Provide all staff with training on safety, hygiene and social distancing protocols. 	<p>• يجب تغطية أسرة الشمس بطبقة إضافية من القماش ، والتي يجب إزالتها واستبدالها ببطانية جديدة بعد كل استخدام ويتم توفيرها من قبل المشغل. [بما في ذلك التعقيم الكامل لكراسي الاستلقاء بعد كل استخدام].</p> <p>• هم بتركيب معقمات اليد التي تعمل باللمس في المناطق المشتركة.</p> <p>• التأكد من أن نظام التهوية / التبريد وتكييف الهواء للمساحات الداخلية يعمل بشكل صحيح لتوفير كمية مناسبة من الهواء النقي.</p> <p>• منع الأشخاص من مشاركة العناصر التي يصعب تنظيفها أو تعقيمها أو تعقيمها أو التي من المفترض أن تلامس الوجه (على سبيل المثال ، النظارات الواقية وسدادات الأنف ومعدات الفطس).</p> <p>• الحث بعدم مشاركة المستلزمات مثل الطعام والمعدات والألعاب واللوازم مع ضيوف من أسر أخرى.</p> <p>• ضمان المعدات المناسبة للزيائن والسيلحين ، مثل الواح الركب وقلبين المسابح ، لتقليل المشاركة إلى أقصى حد ممكن ، أو الحد من استخدام المعدات لمجموعة واحدة من المستخدمين في وقت واحد والتنظيف والتعقيم بين الاستخدامات. يجب على المشغلين الغير قادرين على الحفاظ على أنظمة التنظيف الصارمة ، عدم توفير هذه المعدات.</p> <p>• تزويد جميع الموظفين بالتدريب على بروتوكولات الصحة والسلامة والنظافة والتباعد الجسدي.</p>
<p>2.Screening and Admission:</p> <ul style="list-style-type: none"> ▪ All staff and guests/visitors/trainers must go through temperature screening before entering the pool. Anyone with temperature equal or more than 37.5 °C won't be allowed to enter the pool. ▪ All Staff Rules for accommodation, transportation etc. should follow previously approved concerned department Guidelines. ▪ Guest/visitors with underlying medical conditions, respiratory illness, or chronic diseases must not enter swimming pool area. ▪ All swimming pools and public aquatic venues administration must dedicate an isolation room, and set procedures to handle COVID-19 suspect/confirmed cases as per governmental guidelines. If the swimming pool is within a facility that has isolation room, then the current isolation room is sufficient 	<p>2.الفحص عند الدخول للمسبح:</p> <ul style="list-style-type: none"> • يجب على جميع الموظفين والضيوف / الزوار / المدربين الخضوع لفحص درجة الحرارة قبل دخول المسبح. لن يسمح لأي شخص لديه درجة حرارة تساوي أو تزيد عن 37.5 درجة مئوية بدخول المسبح. • يجب أن تتبع جميع قواعد الموظفين المنطقة بالسكن والنقل وما إلى ذلك المبادئ التوجيهية للإدارة المعنية المعتمدة مسبقًا. • يجب على الضيوف / الزوار الذين يعانون من حالات طبية أو أمراض الجهاز التنفسي أو الأمراض المزمنة عدم دخول منطقة المسبح. • يجب أن تخصص جميع المسابح والأماكن المائية العامة غرفة عزل ، وأن تضع إجراءات للتعامل مع حالات COVID-19 المشتبه فيها / المؤكدة وفقًا للإرشادات الحكومية . إذا كان المسبح داخل منشأة تحتوي على غرفة عزل ، فإن غرفة العزل تلك تعتبر كافية
<p>3.Social Distancing</p>	<p>3.التباعد الجسدي</p>



<ul style="list-style-type: none"> • Visitors and pool users should maintain 2m social distancing at all times inside and outside the pool. Members of a single group (up to 5 members) can be seated together while maintain 4m social distancing between two groups. • Sun-Beds should be placed at a minimum distance of 2m between single people and 4m between groups of people. • Maintain capacity in the pool to 1 person per 4 square meters (density requirement), and the capacity signage should be placed at the entrance. For lane swimming pools used for sports purposes, they must follow the relevant sport activities guidelines • The pool staff to observe at all times the 2m distancing between the pool users/guests/visitors. • Parents/Carers/Coaches are responsible and accountable for their children behavior in the pool area and children must be supervised by an adult at all times to ensure social distancing in their designated pool 	<p>• يجب على الزائرين ومستخدمي المسبح الحفاظ على 2 متر كمسافة تباعد جسدي في جميع الأوقات داخل وخارج المجمع. يمكن أن يجلس أعضاء مجموعة واحدة (ما يصل إلى 5 أشخاص) معًا مع الحفاظ على 4 متر بين كل مجموعتين.</p> <p>• يجب وضع أسرة التشمس على مسافة لا تقل عن 2 م بين الأفراد و 4 م بين مجموعات الأشخاص.</p> <p>• الحفاظ على السعة في المسبح بتوفير للشخص الواحد 4 متر مربع (متطلبات الكثافة) ، ويجب وضع لافتات تبين السعة عند المدخل. بالنسبة لممرات المسابح المستخدمة للأغراض الرياضية ، اتباع الإرشادات المعتمدة المتعلقة بالأنشطة الرياضية</p> <p>• يجب على طاقم المسبح أن يلاحظوا في جميع الأوقات المسافة التي تفصل بين المستخدمين / الضيوف / الزائرين (مسافة 2 متر).</p> <p>• الآباء / مقدمو الرعاية / المدربون مسؤولون عن سلوك أطفالهم في منطقة المسبح ويجب أن يشرف الكبار على الأطفال في جميع الأوقات لضمان التباعد الجسدي في حوض السباحة المخصص لهم</p>
<p>4. General Rules and Restrictions</p> <ul style="list-style-type: none"> • Pool visitors/guests are encouraged not to spend more than 2 hours in the pool area. • All sports and aquatic related activities (including coaching and training) taking place in indoor/outdoor pools or at facility must follow the relevant sport activities guidelines • F&B to follow the set guidelines (i.e. 2m distancing between the tables, disposable cutlery, no Buffet allowed, and food can be served in a very specific area and not in any place around the pool). Food services should adhere to the food safety and hygiene guidelines when serving and preparing drinks / food as well as adhering to the precautionary measures that must be followed in the food establishments mentioned in this document • Pool Bars are not allowed • Pool staff, trainers and visitors must wear face shield or mask at all times, but shall remove it during the activity which require body and face submersion (i.e. during swimming sessions inside the pool, when coach is demonstrating techniques) 	<p>4. القواعد والقيود العامة</p> <p>• يتم تشجيع زوار / ضيوف المسبح على عدم قضاء أكثر من ساعتين في منطقة المسبح.</p> <p>• يجب على جميع الأنشطة الرياضية والمائية (بما في ذلك التدريبات) التي تتم في المسابح الداخلية / الخارجية أو في المنشأة اتباع الإرشادات المعتمدة المتعلقة بالأنشطة الرياضية</p> <p>• اتباع الإرشادات المحددة بالأطعمة والمشروبات (أي مسافة 2 م بين الطاولات ، أدوات المائدة التي لا تستخدم لمرة واحدة . ولا يُسمح ببيعها ، ويمكن تقديم الطعام في منطقة محددة جدًا وليس في أي مكان حول المسبح). يجب أن تلتزم الخدمات الطعام بإرشادات سلامة الأغذية والنظافة الصحية عند تقديم وتحضير المشروبات / الأطعمة وكذلك الالتزام بالإجراءات الاحترازية التي يجب اتباعها في المؤسسات الغذائية المذكورة في هذا المستند</p> <p>• لا يسمح ببارات أحواض السباحة</p> <p>• يجب على طاقم المسبح والمدربين والزوار ارتداء واقى الوجه أو الكمامة في جميع الأوقات ، ولكن يجب إزالتها أثناء النشاط الذي يتطلب غمر الجسم والوجه بالماء (أي أثناء جلسات السباحة داخل المسبح ، عندما يقوم المدرب بعرض التقنيات)</p>



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المملكة العربية السعودية
وزارة الصحة
Ministry of Health
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<ul style="list-style-type: none">All water parks/water theme parks/kids water playgrounds/water slides are not included in these guidelines, and remain closed until further noticePublic announcements and placement of rules in highly visible areas including entrances and other common areas, to promote protective measures.All massage services, spa, sauna, and jacuzzi are not allowed.Social gatherings of any sort, group events, and parties are not allowed.Cashless admission payment is encouraged, cash is still accepted.Hands to be sanitized before & after handling credit card MachinesRenting items that are difficult to clean, sanitize, or disinfect or that are meant to come in contact with the face (for example, goggles, nose clips, and snorkels) are prohibited.Parents/Carers/Coaches must ensure their children are staying within their designated kids pool areas.Swimming pool management (including lifeguards) should be empowered to enforce the guidelines without fear of abuse or harassment by users who do not want to comply with the guidelines. Users who endanger others' safety and wellbeing by refusing to comply with guidelines should not be allowed in the premises after repeated warning.Encourage everybody to install AlHosn application	<p>• لا تشمل هذه الإجراءات ولا تغطي المتطلبات المائية / ملاعب الأطفال المائية / الزحفة المائية ، وتبقى مغلقة حتى إشعار آخر</p> <p>• ووضع الفوادر والإعلانات الخاصة بتعزيز تدابير الوقاية في مناطق واضحة للغاية بما في ذلك المداخل والمناطق المشتركة الأخرى.</p> <p>• لا يُسمح بخدمات المساج والسبا والساونا والجاكوزي.</p> <p>• لا يسمح بالتجمعات الاجتماعية من أي نوع ، والأحداث الجماعية ، والحفلات.</p> <p>• يشجع الدفع بالطرق الإلكترونية الغير النقدية ، ولا تزال المبالغ النقدية مقبولة.</p> <p>• تعقيم اليدين قبل وبعد التعامل مع آلات بطاقات الائتمان</p> <p>• يُحظر تأجير الأشياء التي يصعب تنظيفها أو تعقيمها أو التي من المفترض أن تلامس الوجه (على سبيل المثال ، النظارات الواقية ومشابك الأنف ومنسجومات الغوص).</p> <p>• يجب على الآباء / مقدمي الرعاية / المدربين التأكد من أن أطفالهم متواجدون في مناطق تجمع الأطفال المخصصة لهم.</p> <p>• يجب أن تكون إدارة المسابح (بما في ذلك طاقم الإنقاذ) مفوضين لتطبيق المبادئ التوجيهية دون خوف من سوء المعاملة أو المضايقة من قبل المستخدمين الذين لا يرغبون في الامتثال للمبادئ التوجيهية. ويجب عدم السماح للمستخدمين الذين يعرضون سلامة الآخرين للخطر من خلال رفض الامتثال للإرشادات بعد التحذير المتكرر بالبقاء بالمسبح.</p> <p>• تشجيع الجميع على تثبيت تطبيق الحصص</p>
<p>These measures are valid till further notice and regular inspections will be conducted to ensure the compliance, where non-compliant will cause further actions according to the enforced rules.</p>	<p>هذه الإجراءات سارية حتى إشعار آخر وسيتم المتابعة من خلال التفتيش للتأكد من الالتزام بما ورد أعلاه واتخاذ الإجراءات اللازمة مع الجهات الغير ملتزمة وفقا للضوابط المعمول بها.</p>
<p>Reopening Precautionary Measures for all staff working at services and entertainment facilities. Until further notice</p>	<p>الإجراءات الاحترازية الواجب اتباعها لجميع موظفي المرافق الترفيهية والترفيهية حتى إشعار آخر</p>
<ul style="list-style-type: none">Educate staff on maintaining personal health & safety, & premise hygieneAll health & safety guidelines/standards are followed in staff accommodation & transport facilities in line with the general principles guide	<ul style="list-style-type: none">تنقيف الموظفين حول الحفاظ على الصحة والسلامة والنظافة الصحيةيجب إتباع جميع الإرشادات/ المعايير الخاصة بالصحة والسلامة في أماكن إقامة الموظفين ومرافق النقل بما يتماشى مع دليل المبادئ العلمية.



الهيئة العامة للغذاء والدواء
Saudi Food & Drug Authority

وزارة الصحة العامة
Ministry of Health



مجلس الصحة
Health Council

وزارة الصحة العامة
Ministry of Health

<ul style="list-style-type: none">▪ All protocols prescribed by the general principles guide must be adhered to - prior to staff entering the premises "for Public Interaction"▪ Mandatory temperature checks for all onsite staff . No one with temperature equal or more than 37.5 °C will be allowed to enter the workplace .▪ Enhance self- health monitoring for any flu-like or COVID19 like symptoms for all staff and to report to the direct supervisor with any changes▪ Compulsory wearing of (medical or fabric three layers) masks for all in all time especially for staff who are "in Direct Contact with Customers"▪ All staff to practice physical distancing guidelines in the General principles guide▪ Regular briefings to be held virtually wherever possible	<ul style="list-style-type: none">• يجب الالتزام بجميع الاشتراطات التي يحددها دليل المبادئ العامة قبل دخول الموظفين واختلاطهم في مواقع العمل• إلزامية فحص درجة الحرارة لمرات متعددة لجميع الموظفين العاملين. لن يسمح لأي شخص لديه درجة حرارة تساوي أو تزيد عن 37.5 درجة مئوية بدخول مقر العمل.• تعزيز الرقابة الذاتية للصحة والأعراض الشبيهة للإنفلونزا أو فيروس كوفيد 19 لدى الموظفين وضرورة إبلاغ الرئيس المباشر بأي تغيير• الالتزام بارتداء الكمامات (الطبية أو القماشية ثلاثية الطبقات) والقفازات ، خصوصا للموظفين الذين هم "على اتصال مباشر مع العملاء• يجب على جميع الموظفين العاملين إتباع المبادئ التوجيهية للتباعد الجسدي المعتمدة في دليل المبادئ العامة• يجب عقد جلسات إحاطة اقتراضية حيثما أمكن.
<p>These measures are valid till further notice and regular inspections will be conducted to ensure the compliance, where non-compliant will cause further actions according to the enforced rules .</p>	<p>هذه الإجراءات سارية حتى إشعار آخر وسيتم المتابعة من خلال التفتيش للتأكد من الالتزام بما ورد أعلاه واتخاذ الإجراءات اللازمة مع الجهات الغير ملتزمة وفقا للضوابط المعمول بها.</p>

المبادئ العامة لإعادة افتتاح المرافق الخدمية والترفيهية (حتى إشعار آخر)



الإجراءات الاحترازية لمراكز التسوق

- تعديد أبواب منفصلة للدخول والمخرج
- توفير دورة التطهير والتعقيم طوال فترة إعادة تشغيل المرافق
- قياس درجات الحرارة للموظفين والزبائن
- لا يسمح بأجراء اختبارات لمنتجات العناية الشخصية
- فحص 10 دقائق كحد أقصى في غرف قياس اللابس لكل عميل



الإجراءات الاحترازية للشواطيء العامة

- يسمح بتجميع 5 أشخاص فقط ضمن المجموعة الواحدة على الشواطئ والقوارب
- على مرتادي الشواطئ، إختيار المنشآت الخاصة بهم
- تعقيم جميع المعدات بعد كل استخدام
- إلزام جميع الزوار ومرافقي الشواطئ، بارتداء الكمامات
- يسمح باستخدام أدوات الطعام والشرب ذات الاستعمال الواحد فقط



الإجراءات الاحترازية للخدمات الرجالية والشمسية وصالونات الأطفال

- توفير دورة التطهير والتعقيم، كافة الأوقات (السطح والمرافق)
- يسمح للصالونات بتقديم كافة خدماتها ما عدا خدمات الحناء والسونا والتدليك
- استخدام المنشآت والتوسط أحادية الاستخدام
- يجب ارتداء الكمامة الطبية أو العنقاية لائحة التطهير
- قياس درجات الحرارة للعاملين والزبائن والتطهير بشكل دوري قبل الدخول



الإجراءات الاحترازية لمواقع الترفيهية والترفيه والفعاليات المساحية الخارجية

- استمرار إغلاق جميع المواقع الترفيهية الكبرى ومنطق لعب الأطفال ولعب الترفيهية
- لا يسمح بالمادة أي من الفعاليات والاحتفالات
- عدم السماح بأن تظهر عليهم أعراض حمى أو سعال من 37.5 من دخول الموقع
- وضع العوازل اللاصقة التي تنظم طوبى الهواء
- لا يسمح بتوفير كتيبات المعلومات الترفيهية



إجراءات الاحترازية لخدمة صف السيارات

- الالتزام بارتداء الكمامات (الطبية أو العنقاية لائحة الطمحات)
- إلزامية ارتداء الكمامات وتعقيم الأيدي بعد كل خدمة صف سيارة
- إلزامية قياس حرارة الجسم لجميع العاملين قبل بدء العمل
- يجب أن يحتوي كل موقع خدمة صف السيارات على حائل التعقيم للقدم وتعقيم عجلة القيادة
- تشجيع الدفع عبر قنوات الدفع الذكية



الإجراءات الاحترازية لمراكز اللياقة البدنية

- توفير دورة التطهير طوال فترة إعادة التشغيل المرافق
- استقبال الزبائن من خلال المرعد المسبقة فقط
- عدم السماح بواجب الزبائن في منطقة الانتظار
- إغلاق مناطق السباحة والحدود الكافيزي
- لا يسمح بتعليم أو ممارسة الصالونات والتمارين في مركز اللياقة البدنية



الإجراءات الاحترازية للأنشطة والمؤسسات الرياضية

- تعقيم المنشآت الرياضية كافة الأجهزة والأدوات والمعدات ووسائل النقل
- الحفاظة على مسافة التباعد الشخصي بما لا يقل عن مسافة 2 متر
- على جميع الرياضيين/ الزوار/ الأعضاء، التعقيم بارتداء كمامات الوجه
- عدم السماح بممارسة النشاط الرياضي إذا كان الشخص مصاباً بكحة أو حمى أو حمى في التنفس
- لا يسمح بممارسة الرياضة لمن هم دون 12 سنة أو الذين تزيد أعمارهم عن 60 سنة



الإجراءات الاحترازية للمؤسسات الغذائية

- الالتزام بالتباعد الاجتماعي بمسافة 2 متر
- عدم السماح للزبائن بالتواجد لأكثر من 3 ساعات في المؤسسة الغذائية
- يسمح بتعليم خدمة الزبائن شرطه تطهير التباعد الاجتماعي مسافة 2 متر في الطابور
- التأكيد على عدم الطهي الخارجية بتابع إجراءات السلامة الغذائية
- تعقيم وتطهير المرافق أثناء وبعد ساعات العمل



Responsibilities on the players, technical and officials

1. Complete commitment to the preventive and precautionary measures which include wearing a face mask and constant sanitation of hand and personal and sport equipment.
2. Not going to public places like parks, markets, coffee and shisha shops and malls; and avoiding gatherings with friends in houses and farms and similar places.
3. Immediate report when having any symptoms like fever, sneezing, nasal congestion and sore throat, even if they are not severe. This also includes family members, and you should not come to the club unless you are cleared by the concerned health and medical authorities.
4. Commit to follow all preventive procedures and conditions published by the government agencies or local health care providers, especially when it involves committing to home or institutional quarantine if asked by the proper authorities.
5. Private vacations abroad are not allowed during the league season, this applies to players, technical staff and management staff.
6. In case a player, technical staff or management staff member had to travel. Testing and 14 days quarantine procedures will be applied. Individual training will be allowed during this period.
7. The player, technical staff or management staff member will be held accountable if his recklessness in applying preventive and precautionary measures resulted in an infection. Especially if he infected another player, technical or officials. The following will apply:
 - Penalties imposed by the National Crisis and Emergency Management Authority.
 - Communicable diseases law number 14 for the year 2014.
 - The Disciplinary Committee will determine the proper action for reckless members who do not abide by rules and regulations, we propose the following:
 - Suspend the player, technical or officials for a long time (one to two months) and deny him from any financial receivables during that period.
 - Suspend the player, technical or officials for the whole season and deny him from any financial receivables during that period.



General Provisions

- If any person who falls under these guidelines does not adhere to them, he will be referred to the Disciplinary Committee for the proper decision to be made.
 - The disciplinary decision will not exempt the person or the club from any legal liability resulting from breaking the official government regulations.



رابطة المحترفين الإماراتية
UAE PRO LEAGUE



الاتحاد الإمارات العربية المتحدة لكرة القدم
UAE Football Association